

Greater Johnson City Resource Directory

How to use this directory:

This directory was originally created for use by ETSU Counseling Program faculty and students working with clients in our community clinic. There are a multitude of possible resources and referrals that may be beneficial to clients, and both client and counselor may not be familiar with all of the services, venues, and opportunities in the surrounding communities. Therefore, this directory is intended to cover a wide variety of potential resources in and near Johnson City, TN.

When recommending a resource or service to a client, copy and paste relevant referral(s) from each section into a new document to provide for your client. Becoming familiar with resource options will make you more adept at providing good referrals for your clients. This includes doing things such as reviewing business/organization websites, calling ahead, consulting with other providers, and even visiting offices. Through these efforts you will gain knowledge about services offered, culture and climate of providers, fees and insurance, accessibility, and other pertinent information. This information can then be shared with clients along with the personalized referral document so that referrals are as accessible and effective as possible. It is also recommended that you follow up with your client in later sessions to support the use of local services.

Do not send your client the entire directory for them to navigate; it is your ethical duty to curate appropriate referrals for them. Remember we strive for aspirational ethical decision making and behavior, which in this case means following the guidance above and going the extra steps needed to create easily traversed bridges between clients and resources.

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Multi-Service Agencies/Organizations

Appalachian Community Action & Development Agency, Inc

- Offers a variety of programs focused on the areas of business and economic development, children's programs, housing and community solutions and volunteer programs. <https://appcaa.org>
- Address: 175 Military Lane, Gate City, VA, 24251
- Phone: 276-452-2441 // Hours: Mon-Fri 8am-4:30pm

Bristol Crisis Center

- Offers free counseling services for a variety of issues such as sexual assault, domestic violence, stalking, abuse, neglect, suicide, etc. <https://www.crisiscenterinc.org>
- Address: 100 Oakview Avenue, Bristol, VA 24201
- Phone: 276-466-2218 // Hotline: 800-273-8255 // Hours: Mon-Thurs 9am-5pm, Fri 9am-3pm

The Community Center of Abingdon

- Provides services to all citizens, including recreation opportunities, group meetings, delivery of meals to the homebound, Veterans and Seniors with disabilities. <https://www.thecommunitycenterofabingdon.com/programs.html>
- Address: The Washington County Community Center. 300 Senior Drive NE, Abingdon, VA 24210
- Phone: 276-628-3911 // Hours: Mon-Fri 9am-4pm, Wed 5pm-11pm

Contact 211 of Northeast Tennessee

- Our volunteers are here to connect you with food programs, financial assistance for utilities or medical expenses, shelters, counseling services, support groups, and addiction prevention or treatment. <https://www.contact211netn.org/>
- Phone: 2-1-1 or 423-246-2273 // Hours: Mon-Fri 9am-9pm

DePaul Community Resources

- Services include counseling, family engagement, intensive care coordination, post-placement support, and group therapy. <https://www.depaulcr.org>
- Address: 106 Abingdon Place, Abingdon, VA 24211
- Phone: 276-623-0881 // Hours: Mon-Fri 8:30am-5pm

Emerald Youth Foundation

- A Christian viewpoint in developing relationships with children that is centered on bringing out the best in individuals, discovering new ways they can properly serve their community, and various ways to help their long-term health. <https://www.emeraldyouth.org>
- Address: 1041 Heiskell Ave, Knoxville, TN 37921
- Phone: 865-637-3227 // Hours: Mon-Fri 8:30am-5pm

Family Preservation Services

- Provides a wide variety of child and adolescent services, outpatient services, adult services, family support services, school-based services, addiction recovery, psychiatric med services, treatment foster care. <https://fpscorp.com>
- Address: 661 E. Main St. Abingdon, VA 24210
- Phone: 276-623-9245 // Hours: Mon-Fri 9am-5pm

The Florence Crittenton Agency

- Services include mental health care through outpatient programs that include substance abuse treatment and rehabilitation program programs for adolescents. <http://www.fcaknox.org>
- Address: 1531 Dick Lonas Road, Knoxville, TN 37909
- Phone: 865-602-2021 // Hours: Mon-Sat 9am-5pm

Free Will Baptist Family Ministries

- Services include faith-based residential programs, foster care services, pregnancy resource center, a retreat center, an education academy, assisted living center, and a group home. <https://www.fwbfbm.com>
- Address: 90 Stanley Lane, Greeneville, TN 37743
- Phone: 423-639-9449 // Hours: Mon-Fri 8am-5pm

Harmony Family Center

- Services include therapies and programs that are catered to children and family needs. <https://www.harmonyfamilycenter.org>
- Address: 118 Mabry Hood Road, Suite 400, Knoxville, TN 37922
- Phone: 865-982-5225 // Hours: Mon-Fri 8am-5pm

Highlands Community Services

- Provides developmental, outpatient, psychiatric, adult recovery, children and family, and crisis services. <https://highlandscsb.org>
 - Locations
 - Oakview Children's Services - 102 Oakview Avenue, Bristol, VA 24201
 - Adult Case Management & Outpatient Services - 1969 Lee Highway, Bristol, VA 24201
 - Children's Advocacy Center in Bristol - 21451 Sugar Hollow Road, Bristol, VA 24202
 - Phone: 276-525-1550 or 1-855-426-5263 // Hours: Mon-Fri 8:30am-5pm
- Holston Home United Methodist Home for Children
- Provides a faith-based approach to help families and children struggling with various life challenges. <https://www.holstonhome.org/mission-and-values/>
 - Address: 404 Holston Drive, Greenville, TN 37743. PO Box 188
 - Phone: 423-638-4171 // Hours: Mon-Fri 8am-5pm
- Mountain Youth Academy
- Services include a trauma-based residential treatment program to the mental health needs of children and teens, therapy services, and education through a non-public educational system. <https://mountainyouthacademy.net>
 - Address: 332 Hospital Road, Mountain City, TN 37683
 - Phone: 423-727-9898 // Hours: 24 Hrs.
- People Incorporated of Virginia
- Provides services that include child and family development, community economic development, housing, community services, and workforce development. <https://www.peopleinc.net>
 - Address: 800 Martin Luther King, Jr. Blvd., Bristol, VA 24201
 - Phone: 276-466-5587 // Hours: Mon-Fri 8am-5pm
- United Way of East TN Highlands
- Services include helping a child learn to read, donating money to make sure people have access to quality medical care, speaking out in support of policies that provide training for in-demand jobs and so much more. We focus on education, financial stability and health, the building blocks for a good life and a strong community. See how we make it all happen. <https://www.unitedway.org/>
 - Address: PO Box 4039, Johnson City, TN 37602
 - Phone: 423-220-1229 // Hours: Mon-Fri 8am-4:30pm
- Washington County (TN) Coordinated School Health
- Services include health education, health promotion for staff, physical education/ physical activity, counseling and psychological services, health services, healthy school environment, nutrition services, student/parent/community involvement. <https://www.wcde.org/domain/56>
 - Address: 405 W. College Street, Jonesborough, TN 37659
 - Phone: 423-753-1100 // Hours: Mon-Fri 8am-4pm
- Washington County (VA) Department of Social Services
- Provides a wide variety of services that include assistance, foster care and adoption, childcare, community support, and child support. <https://www.dss.virginia.gov>
 - Address: 801 E. Main Street, Richmond, VA 23219
 - Phone: 804-726-7000 // Hours: Mon-Fri 8am-4pm
- YW CARES - Compassionate Advocates Responding Educating Supporting
- Services include working with survivors of any crime between the ages of 17 and 24 in Sullivan County, Tennessee. <https://www.ywcares.org>
 - Address: 106 State Street, Bristol, TN 37620
 - Phone: 423-956-2300 // Hours: 24 Hrs.
- YWCA Northeast Tennessee and Southwest Virginia
- Provides programs centered on affordable childcare, racial justice, teen pregnancy, and women's health and safety. <https://www.ywcatnva.org>
 - Address: 106 State Street, Bristol, TN 37620
 - Phone: 423-968-9444 // Hours: Mon-Fri 7am-6pm

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Animal Shelters

The Bridge – No Kill Animal Rescue

- We are a 501(c)3 organization dedicated to homeless animals and owner released pets whose owners can no longer keep them due to difficult circumstances. <http://thebridgehomerescue.org/>
- Address: 2061 TN-75, Blountville, TN 37617
- Phone: 423-239-5237 // Hours: Mon-Fri 12pm-4:30pm, Sat 12pm-4pm

Elizabethton-Carter County Animal Shelter

- Provides spay/neuter assistance to low income families, Investigates animal abuse and neglect, and Fosters animals. <http://www.cartercountyhumanesociety.org/>
- Address: 135 Sycamore Shoals Drive, Elizabethton, TN 37643
- Phone: 423-547-6359 // Hours: Mon-Fri 12pm-4pm, Sat 11am-3pm

The Humane Society of Washington County

- Volunteer opportunities include fostering an animal (food and supplies provided), fundraising, and assisting with the transportation and adoption of the animals. Court ordered community service can be completed here unless convicted of animal, child, or adult abuse. <https://hswctn.org/>
- Address: 2101 W Walnut Street, Johnson City, TN 37604
- Phone: 423-926-8533 // Hours: Tues-Fri 10am-5pm

Mountain City Animal Shelter

- <https://mountaincityanimalshelter.webs.com/>
- Address: 445 Tobacco Road, Mountain City, TN 37683
- Phone: 423-727-7880 // Hours: Mon-Fri 8am-3pm

Petworks Animal Services

- Volunteer opportunities include feeding, bathing, and grooming the animals, as well as cleaning the facility and cages. <https://petworkstn.com/>
- Address: 2141 Idle Hour Road, Kingsport, TN 37660
- Phone: 423-247-1671 // Hours: Mon-Sat 12:30pm-5:30pm

Sullivan County Animal Shelter

- Volunteer opportunities include short-term fostering for animals currently in the shelter as well as donating supplies. https://sullivancountytn.gov/?page_id=129
- Address: 380 Masengill Road, Blountville, TN 37617
- Phone: 423-279-2741 // Hours: Mon-Wed, Fri-Sat 12:30pm-5:30pm

Unicoi County Animal Shelter

- Volunteer opportunities are available upon request. <https://www.facebook.com/UnicoiCountyAnimalShelter/>
- Address: 185 N. Industrial Drive, Erwin, TN 37650
- Phone: 423-743-3071 // Hours: Mon-Sat 1pm-5:30pm

Washington County Animal Shelter

- There are many opportunities to volunteer! Some of these opportunities include sitting with scared dogs to socialize them, bottle feeding kittens, maintaining facility cleanliness and assisting with adoption events. <https://wcjcanimalshelter.org/>
- Address: 3411 N. Roan Street, Johnson City, TN 37604
- Phone: 423-926-8769 // Hours: Thurs-Tues 1pm-6pm

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Bill Assistance

Department of Human Services

- Offers Families First, Food Stamps, Child Care Vouchers, TennCare, Temporary Cash Assistance, Job Training, and Transportation. For children, services include establishing paternity for child support, enforcement of child support orders, and more. <https://www.tn.gov/humanservices.html>
 - Washington County

- Address: 103 E. Walnut Street, Johnson City, TN 37601
- Phone: 423-929-0171 // Hours: Mon-Fri 8am-4:30pm
- Carter County
 - Address: 206 Cherokee Park Drive # 1, Elizabethton, TN 37643
 - Phone: 423-543-3189 // Hours: Mon-Fri 8am-4pm
- Johnson County
 - Address: 370 Cold Springs Road, Mountain City, TN 37683
 - Phone: 423-727-7704 // Hours: Mon-Fri 8am-5pm
- Sullivan County
 - Bristol/Blountville Office
 - Address: 2193 Feathers Chapel Road, Blountville, TN 37617
 - Phone: 423-279-9164 // Hours: Mon-Fri 8am-4:30pm
 - Kingsport Office
 - Address: 1060 Wilcox Court, Kingsport, TN 37660
 - Phone: 423-224-1900 // Hours: Mon-Fri 8am-4:30pm

Good Samaritan Ministries, Inc.

- Offers rent & utility assistance, as well as a food pantry, counseling, a summer food program, and more. <https://goodsamjc.org/services>
 - Johnson City
 - Address: 100 N. Roan Street, Johnson City, TN 37601
 - Phone: 423-928-0288 // Temporary Hours: Tues-Fri 10am-2pm
 - Piney Flats
 - Address: 331 Industrial Park Road, Piney Flats, TN 37686
 - Phone: 423-398-3143 // Temporary Hours: Tues-Fri 10am-2pm

The Salvation Army

- Offers medication, rent & utility payment assistance. Also offers prison ministries, elderly services, Christmas assistance, and more.
 - Johnson City
 - Address: 204 W. Walnut Street, Johnson City, TN 37601
 - Phone: 423-926-2101 *Ask for Social Services // Hours: Mon-Fri 9am-4pm
 - <http://salvationarmykytn.org/locations/johnson-city/>
 - Kingsport:
 - Address: 505 Dale Street, Kingsport, TN 37660
 - Phone: 423-246-6671 *Ask for Social Services // Hours: Mon-Thurs 10am-4pm
 - <http://salvationarmykytn.org/locations/kingsport/>
 - Bristol:
 - Address: 137 M.L.K. Jr. Blvd, Bristol, TN 37620
 - Phone: 423-764-6156 // Hours: Mon-Fri 9am-4:30pm
 - <http://salvationarmykytn.org/locations/bristol/>

Child Services

To report Child Abuse or Neglect: 1-877-542-2873, <https://apps.tn.gov/carat/referral/appropriate.html#>
Afterschool Program at the Greater Kingsport Family YMCA

- This program offers a snack, homework time, and a reading emphasis to children. There is a 1:10 staff ratio, financial assistance is available, and the staff are trained in CPR, First Aid, and Child Abuse Prevention. <http://www.ymcakpt.org/youth/afterschool/>
- Address: 1840 Meadowview Pkwy, Kingsport, TN 37660
- Phone: 423-247-9622 // Hours: Mon-Fri 3pm-6pm

Big Sister, Big Brother of East Tennessee

- Big Brothers Big Sisters makes meaningful mentorship matches between volunteers (Bigs) and children ages 6-18 (Littles). They then provide the training, resources and support necessary for those matches to succeed in our community based or site-based programs. <http://www.tennesseebig.org>

- Address: 301 Louis Street, Kingsport, TN 37660
- Phone: 423-247-3240 // Hours: Mon-Fri 8:30am-5:30pm

Boys and Girls Club

- We at the Boys & Girls Club provide after school and summer programs that open the door to great futures. There are sports and recreation programs, education programs, art programs, and wellness programs. There are also career development opportunities, as well as programs to grow in character and leadership.

Boys & Girls Club of Elizabethton

- Address: 104 Hudson Drive, Elizabethton, TN 37643
- Phone: 423-543-2946 // Hours: Mon-Fri 6:30am-6:30pm
- <https://www.bgcecc.org/Programs>

Boys & Girls Club of Greater Kingsport

- Address: 1 Positive Place, Kingsport, TN 37660
- Phone: 423-230-4160 // Hours: Mon-Fri 9am-7pm
- <https://www.kbgc.org>

Boys & Girls Club of Johnson City

- Address: 2210 W. Market Street, Johnson City, TN 37601
- Phone: 423-461-4560 // Hours: Mon-Fri 8am-6:30pm
- <https://www.gokidz.org>

Boys & Girls Club of The Mountain Empire, TN

- Address: 2000 West State Street, Bristol, TN 37620
- Phone: 423-573-3345 // Hours: Mon-Fri 8:30am-6:30pm
- <http://www.boysgirlsclubme.org>

Child Advocacy Center of the 3rd Judicial District

- Specializes in child sexual abuse, severe physical abuse, and drug exposure. Services include forensic interviews, crisis interviews and intervention, family support, and more.
<https://www.facebook.com/ChildAdvocacyCenterOfTheThirdJudicialDistrict/>
- Address: 200 Main Street, Mosheim, TN 37818
- Phone: 423-422-4499 // Hours: Mon-Fri 8am-5pm

Children's Advocacy Center of Highlands Community Services Board (Bristol, VA)

- Leverages the efforts of law enforcement, prosecutors, medical and mental health providers, social workers, and others to provide a seamless, comprehensive system of support for child victims of sexual and physical abuse and neglect. Trauma referrals by appointment. <https://highlandscsb.org/cac/>
- Address: 21451 Sugar Hollow Road Bristol, VA 24202
- Phone: 276-645-5867 // Hours: Mon-Fri 8:30am-5pm

Coalition for Kids

- After school Coalition children find a safe and caring place where they can grow educationally, physically, emotionally, and spiritually. We offer a wide variety of activities specifically designed to instill confidence, foster leadership, strengthen character and cultivate a passion for knowing God and walking with Him. The after-school program includes help with homework, reading and math assistance, music and art lessons, athletics, special preventive programs for violence and substance abuse, a free snack and dinner. HTTPs
- Address: 2422 Susannah Street, Johnson City, TN 37604
- Phone: 423-434-2031 // Hours: Mon-Fri 7:30am-5pm

Court Appointed Special Advocates for Children (CASA) of Northeast Tennessee

- CASA helps kids who are at risk of not having adequate nourishment, clothing or shelter or at risk of physical injury, illness or handicap without adequate medical care. CASA also assists children at risk of not being encouraged, consoled, or nurtured by a caring and trusted adult. They also serve children at risk of lingering in foster care, wanting for a permanent, stable and secure home. <https://www.casanetn.org/>
- Address: P.O. Box 1021 Johnson City, TN 37605
- Phone: 423-461-3500 // Hours: Mon-Fri 9am-5pm

Department of Child Services

- The Department of Children's Services is Tennessee's public child welfare agency and establishes statewide standards for performance that reflect best practices for child welfare. The Department investigates allegations of child abuse and neglect. DCS also administers the state's foster-care system. The Juvenile Justice division serves the youth who have been adjudicated delinquent and we work closely with

scores of private providers and community partners across the state of Tennessee.

<https://www.tn.gov/dcs.html>

- Address: 2555 Plymouth Road, Johnson City, TN 37601
- Phone: 423-854-5311 // Hours: Mon-Fri 8am-4:30pm

ETSU Child Study Center

- Address: 2101 Signal Dr, Johnson City, TN 37604
- Phone: 423-439-4888

First Tennessee Human Resources Agency (FTHRA) Child Care Food Program

- CCFP provides financial reimbursement for nutritious meals and snacks served to eligible children enrolled in a participating daycare home. Children 12 and younger are eligible to participate in the program.

<https://fthra.org/programs>

- Address: 704 Rolling Hills Dr, Johnson City, TN 37604
- Phone: 423-218-7782 // Hours: Speak to your daycare provider

Girls, Inc.

- Girls Inc. delivers life-changing programs that inspire girls to be strong, smart, and bold. Research-based curricula, delivered by trained professionals, equip girls to achieve academically; lead healthy and physically active lives; manage money; navigate media messages; and discover an interest in science, technology, engineering, and math. The network of local Girls Inc. nonprofit organizations serves 140,000 girls ages 6-18 annually at over 1,200 sites in 350 cities across the United States and Canada.
<https://girlsinc.org/>
- Johnson City
 - Address: 227 Library Lane, Johnson City, TN 37601
 - Phone: 423-928-4251 // Hours: Mon-Fri 3pm-6pm (After School Care)
- Bristol
 - Girls Inc. of Bristol is an affiliate of the national Girls Inc. organization. Serving girls ages 5-18, we focus on providing a safe and encouraging space where all girls can grow to be happy, healthy, and independent young women.
 - Address: 613 Highland Ave, Bristol, VA 24201
 - Phone: 276-669-8686 // Hours: Mon-Fri 10am-6pm (school year), Mon-Fri 7am-5:30pm (summer)
- Kingsport
 - Address: 1100 Girls Club Place, Kingsport, Tennessee 37660
 - Phone: 423-247-2321 // Hours: Mon-Fri 2pm-6:30pm

Girl Scouts of the Southern Appalachians

- Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. This organization is for girls who want to Change the world, run a business, speak up for others, Explore the outdoors, Soar with STEM. <https://www.girlscoutcsa.org>
- Address: 1100 Woodland Avenue
- Phone: 800-474-1912 // Hours: Mon-Fri 9am-5pm

Head Start

- Head Start is a comprehensive program for four-year old children and their families who meet the eligibility requirements of the federal income guidelines. Specifically, Head Start promotes school readiness in young children from low-income families by providing them with extra learning opportunities. <http://uethda.org/education/headstart/>
- Address: 301 Louis Street, Kingsport, TN 37660
- Phone: 423-246-6180 // Hours: Mon-Fri 8:30am-5:30pm

Isaiah 117 House

- Providing physical and emotional support in a safe and loving home for children awaiting foster care placement. <https://isaiah117house.com/>
- Address: 1705 State Line Rd, Elizabethton, TN 37643
- Phone: 423-518-3760 // Hours: Mon-Fri 8am-5pm

Kingsport Child Development Center

- Our goal for children is to learn and grow socially, emotionally, and intellectually, to create fun and valuable experiences that lead to lifelong learning, and to create awareness of the value of family, friends, and community. KCDC is sliding fee/income based which allows parents and guardians to pay affordable rates for childcare. <http://www.kingsportkids.org/>

- Address: 118 Clay Street, Kingsport, TN 37660
- Phone: 423-392-4675 // Hours: Mon-Fri 6:30am-5:30pm

Renaissance child and teen camps

- Year-round camps offer a variety of programs directed towards your child's specific and diverse interests. Programs are available year-round with different content, age groups, and educational levels
- <https://www.etsu.edu/academicaffairs/scs/renaissancechild/default.php>

Rise Up for Kids

- Rise Up offers mentoring, small group, and after school programs that are intended to equip kids with life Skill Development in the areas of character, social/emotional aspects (expressing emotions, effective communication, decision making), mental (support education, teach critical and truthful thinking), relationships, and job readiness. <http://riseupforkids.com>
- Address: 1500 East Millard Street, Johnson City, TN 37601
- Phone: 423-610-1242 // Hours: Mon-Wed 9am-5pm, Thurs-Fri 10am-5pm

The River – Diaper Subsidy Program

- Designed to meet 25% of a child's diaper needs for families living in Washington County. For children younger than 3, the ministry provides 28 diapers twice a month. <https://theriverministryforwomen.com/>
- Address: 125 West Main Street, Johnson City, TN 37601
- Phone: 423-926-8111 // Hours: 9am-12pm on the 1st and 3rd Wednesday of every month

Runaway Hotline

- Basic Center programs provide emergency shelter services to run away and homeless youth. These programs seek to reunite young people with their families, whenever possible, or to locate appropriate alternative placements.
- Phone: 1-800-621-4000

Summer lunch program with Second Harvest Food Bank

- Lunches provided May 29- July 26 at participating sites, learn more on website
- <http://www.jchousing.org/programs-services/childrens-programs/>

Tennessee City Schools Homeless Education Programs

- The state of Tennessee provides a Homeless Education Program for students who qualify for assistance under the McKinney-Vento Homeless Assistance Act, Title IX, Part A of the Every Student Succeeds Act (ESSA). The act states that a child or youth is considered homeless if he or she lacks "a fixed, regular, and adequate nighttime residence." <https://www.tn.gov/education/student-support/homeless-students.html>
- Johnson City Schools Homeless Coordinator
 - Contact: Sydnee DeBusk
 - Phone: 423-434-5226 // Hours: Mon-Fri 7:30am-4pm
- Kingsport Schools Homeless Coordinator
 - Contact: Michele Wilder
 - Phone: 423-378-2424 // Hours: Mon-Fri 7:30am-4pm
- Bristol Schools Homeless Coordinator
 - Contact: Scott Latham
 - Phone: 423-652-9244 // Hours: Mon-Fri 7:30am-4pm

Youth Villages

- Youth Villages provides help for children and young people across the United States who face a wide range of emotional, mental and behavioral problems. We work to find solutions using proven treatment models that strengthen the child's family and support systems and dramatically improve their long-term success. <https://www.youthvillages.org/about-us/locations/tennessee/east-tennessee/youth-villages-johnson-city/>
- Address: 3915 Bristol Highway, #101 Johnson City, TN 37601
- Phone: 423-283-6500 // Hours: Mon-Fri 8:30am-5pm

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Clothing Assistance/Thrift Stores

God's Corner

- Prices start at 50 cents. Gently used donations welcome. <https://www.facebook.com/pages/category/Religious-Center/Gods-Corner-121177207896322/>

- Address: 800 E. Lakeview Drive, Johnson City, TN 37601
- Phone: 423-929-1915 // Hours: Mon-Fri 9am-3pm

Good Samaritan Ministries, Inc.

- Offers referrals to Heaven Sent Thrift Store <https://goodsamjc.org/services/>
 - Johnson City (Also location of Heaven Sent Thrift Store)
 - Address: 100 N. Roan Street, Johnson City, TN 37601
 - Phone: 423-928-0288 // Hours: Mon-Sat 9am-4pm
 - Piney Flats
 - Address: 331 Industrial Park Road, Piney Flats, TN 37686
 - Phone: 423-398-3143 // Hours: Mon-Sat 9am-4pm

Goodwill Industries

- The money made at Goodwill thrift stores is used to help local community members find jobs. You can donate gently used items of any kind, shop to support the local community, and find very good prices on items. <https://www.goodwill.org/>
- North Johnson City
 - Address: 3010 Bristol Highway, Johnson City, TN 37601
 - Phone: 423-282-4399 // Hours: Mon-Sat 11am-6pm, Sun 1pm-6pm

Haven of Mercy Thrift Stores.

- They are in need of donations! Household furniture especially. They have great deals on new and used furniture, electronics, clothes, jewelry, and odds and ends. 100% of all sales go directly to the Haven Of Mercy Homeless Shelter of Johnson City, TN. <http://havenofmercy.com/>
- South Roan Street
 - Address: 2230 South Roan Street, Johnson City, TN 37615
 - Phone: 423-268-2056 // Hours: Mon-Sat 8:30am-5pm
- Thrift Shop at Boone's Creek
 - Address: 1017 Quality Circle, Johnson City, TN 37615
 - Phone: 423-328-0052 // Hours: Mon-Sat 8:30am-5pm

Manna House Thrift Store

- <https://www.facebook.com/pages/category/Nonprofit-Organization/Manna-House-424836214197355/>
- Address: 212 N. Roan Street, Johnson City, TN 37601
- Phone: 423-722-3233 // Hours: 9am-5pm Mon-Fri, 10am-4pm Sat

Of One Accord Ministry: Shepherd's Center Thrift Store & Food Pantry

- <https://www.facebook.com/shepherdscenter.7>
- Address: 306 East Main Street, Rogersville, TN 37857
- Phone: 423-272-4626 // Hours: Mon-Sat 10am-5pm

Once Upon a Child

- Pays cash for gently used kids' items - Baby Gear, Boys, Girls, and Baby Clothing and Footwear, Furniture & Shelves, Toys, Books, and Games. <https://onceuponachildjohnsoncity.com/>
- Address: 1805 N Roan Street, Johnson City, TN 37601
- Phone: 423-202-7272 // Hours: Mon-Sat 10am-8pm, Sun 12pm-5pm

The Owls Nest

- Resell clothing/consignment store. <https://www.owlsnestjc.com/new-products>
- Address: 113 Cherry Street, Suite 80, Johnson City, TN 37601
- Phone: 423-283-4668 // Hours: Mon-Sat 10am-5pm or drop off anytime for a call back the next day

The Salvation Army

- Offers vouchers to shop in thrift store locations. <https://satruck.org/>
 - Johnson City
 - Address: 204 W. Walnut Street, Johnson City, TN 37601
 - Phone: 423-926-2101 *Ask for Social Services // Hours: Mon-Fri 9am-4pm
 - Kingsport:
 - Address: 505 Dale Street, Kingsport, TN 37660
 - Phone: 423-246-6671 *Ask for Social Services // Hours: Mon-Thurs 10am-4pm
 - Bristol:
 - Address: 137 M.L.K. Jr. Blvd, Bristol, TN 37620

- Phone: 423-764-6156 // Hours: Mon-Fri 9am-4:30pm

She's Thrifty Shop

- All children's clothes are \$1, adult clothes, shoes and purses \$2. She's Thrifty also sells furniture, decorative items, jewelry, shoes, purses, toys, books, etc. Gently used donations are welcome. <https://www.facebook.com/sheisthrifty/>
- Address: 1203 E. Main Street, Johnson City, TN 37601
- Phone: 423-588-9504 // Hours: Mon-Tues 10am-3pm, Wed-Fri 10am-5pm, Sat 10am-4pm

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Counseling Services

If you are experiencing an emergency, dial 911

Appalachian Christian Counseling

- Counseling with Christian-Integrated Values. Sliding-scale Payment Rate. https://www.christiancounselordirectory.com/Therapist/Appalachian-Christian-CounselingThaddeus-Noto-LPC_26830
- Address: 110 Ebony Lane, Gray, TN 37615
- Phone: 423-306-3866 // Hours: Vary by appointment - Consulting Mon & Fri, Kingsport Tues & Wed between 10 and 2:45, Gray on the weekends and on Thurs, no evenings

Appalachian Counseling Centers

- For those 18 and over who are struggling with overuse of pain medication/opioids. Outpatient treatment including individual and group counseling. Services provided by licensed and license-eligible therapists, marriage and family therapists, licensed clinical social workers and certified peer recovery specialists. Open to TN residents 18 years or older struggling with overuse or addition to pain medication and opioids. <https://appalachiancounselingcenters.com/>
- Address: 502 Princeton Road Suite B, Johnson City, TN 37601
- Phone: 423-461-0111 // Hours: Mon-Fri 8am-5pm, Sat 10am-12pm

Behavioral Health and Wellness Clinic at ETSU

- Our staff are graduate student clinicians. All student clinicians are closely supervised by licensed psychologists. We are licensed by the State of Tennessee as a Mental Health Facility. We offer culturally sensitive services to people of our region. We treat individuals, couples, groups, and families. However, we do not accept referrals from the court, and cases are individually reviewed to determine if we are able to provide appropriate services. <https://www.etsu.edu/cas/psychology/bhwc/>
- Address: Basement of Lucille Clement Hall on ETSU Main Campus
- Phone: 423-439-7777 // Hours: Mon-Thurs 8:30am-12pm and 1:30pm-5pm

Creative Counseling Services

- <https://www.wellness.com/dir/3099132/counselor/tn/johnson-city/creative-counseling-associates#referrer>
- Address: 323 W. Walnut Street # 202, Johnson City, TN 37604
- Phone: 423-232-6527 // Hours: Various

Covenant Counseling

- Christian counseling center with multiple locations in Kingsport, Johnson City, and Blountville. Counselors aim to represent Christian spiritual values and beliefs, and they integrate these values into the therapy process. <https://www.covenantkpt.com/>
- Address: 441 Clay Street, Kingsport, TN 37660
- Phone: 423-247-4536 // Hours: Mon-Fri 8am-6pm

Cox Counseling

- Takes insurance including Medicare, TriCare, Aetna, and more. Online appointments only due to COVID-19. <http://www.coxcounseling.com/>
- Address: 128 South Main St., Suite 202, Greeneville, TN 37743
- Phone: 423-525-0388 // Hours: Mon 8pm-12am. Tues-Fri 12am-5:30pm, 8pm-12am

Dragonfly Medical and Behavioral Health

- Offers primary healthcare services as well as individual, couples, family, and group counseling as well as substance abuse treatment. <https://www.dragonflymedicalandbehavioralhealth.com/>
- Address: 102 N. Broadway Street, Johnson City, TN 37601

- Phone: 423-588-9978 // Hours: Tues-Thurs 4pm-8pm, Fri 9am-1pm, Sat 8am-2pm, Sun 10am-5pm

ETSU Community Counseling Clinic

- No cost counselor training clinic. Individual counseling for adults, adolescents, and children is available, as well as couples counseling and family therapy is provided by our counselors-in-training. We are not equipped to offer 24-hour emergency services, services to those requiring inpatient care, or services that are court-ordered for any reason. Individuals assessed to require greater attention and care than can be provided will be referred to an appropriate agency for services. We do not engage in discrimination based age, color, culture, disability, ethnic group, gender/gender identity, religion, sexual/affectional orientation, marital status, veteran status, or socioeconomic status. <https://www.etsu.edu/coe/chs/counseling/clinic.php>
- Address: 128 David Collins Way, Johnson City, TN 37614
- Phone: 423-439-7679 // Hours: Mon, Wed, Fri 8:15am-12:15pm

ETSU Counseling Center

- Offers an array of counseling services for ETSU students including psychiatric services for medication management for a small fee. Single sessions are offered during Monday through Thursday, 10:00 - 11:30 and 2:00 - 3:30. BucsPress2 - (423) 439-4841 is a 24-hour mental health help line for ETSU Students. Let's Talk is an informal drop-in service available to students who would like to engage in a brief, problem-solving approach with one of our clinicians. We cannot provide ongoing telehealth services to students not in Tennessee because of legal (license) issues. Students who are NOT in Tennessee are urged to seek services close to home. We are able to provide brief phone consults to help connect you with local resources in your area. Please call 423-439-3333 or call Bucs Press 2. Find a list of valuable resources on the website. https://www.etsu.edu/students/counseling/services/psychiatric_services.php
- Address: 3rd Floor of Nell Dossett Hall on ETSU Main Campus
- Phone: 423-439-4841 // Hours: Mon-Fri 8am-4:30pm // Walk-In Hours: Mon-Thurs 10am-11:30am, 2pm-3:30pm

Gracepointe Counseling Center

- Christian counseling services. Some church memberships allow for reduced rates. They specialize in the therapeutic options: Attention Deficit, Career Aptitude, Forensics, Hyper/hypo activity, Intelligence, Neuropsychology, Personality, Pre-surgery. <https://www.gracepcc.com/>
- Address: 214 E. Mountcastle Drive #1, Johnson City, TN 37601
- Phone: 423-283-4958 // Hours: Mon, Wed, Fri 10am-8pm, Tues, Thurs 10am-9pm

Hope & Healing Counseling Center

- Offers individual, couples, family, and group counseling. Takes many different kinds of insurance. <https://www.facebook.com/hopeandhealingcounselingctrbristol/>
- Address: 126 M.L.K. Jr Blvd, Bristol, TN 37620
- Phone: 423-646-4247 // Hours: Mon-Fri 8am-4:30pm

Iron Mountain Counseling

- Mental health and substance abuse counseling. Services include individual counseling, alcohol and drug screening and assessments, sex education, and substance use and abuse counseling. Insurance: Humana Military/TriCare East, Blue Cross/Blue Shield, Blue Care, Optum. <https://www.ironmtncounseling.com/>
- Address: 111 W. 10th Avenue, Johnson City, TN 37604
- Phone: 423-895-9576 // Hours: Tues 12:30pm-8pm

The Journey Center for Healing Arts

- Individual, group counseling, and workshops available. LGBT Friendly. Counseling, retreats, groups, personal coaching, and speaking. As therapists, we do not prescribe medication. For many people, their primary care physician is more than willing and capable to help with initial trials and management of anxiety and depression medications. Talk to your doctor about this. <https://journeycentercounseling.com/>
- Address: 2700 S Roan Street Suite 410, Johnson City, TN 37601
- Phone: 423-408-8041 // Hours: Mon-Fri 10am-6pm

Kingsport Counseling Associates, PLLC

- LGBTQ Friendly. Provides individual, marriage, and family counseling. Sliding scale available upon request. Not a Medicare Provider. <https://kingsportcounseling.com/>
- Address: 605 Watauga Street, Kingsport, TN 37660
- Phone: 844-215-0811 // Hours: Mon-Thurs 9:30am-5pm, Fri 9:30am-1pm

Kingsport Psychiatry & Counseling

- Adults only, no TennCare. <https://www.yellowpages.com/kingsport-tn/mip/kingsport-psychiatry-counseling-services-p-512743659>
- Address: 1401 Bridgewater Ln. Kingsport, TN 37660
- Phone: 423-245-2406 // Hours: Mon-Thurs 7:45am-4pm, Fri 8am-12pm

Kingsport Psychological Associates - Thomas Burns

- Accepting new patients, accepts Medicaid. <https://www.balladhealth.org/physician/64291/Thomas-Burns>
- Address: 404 E. Market Street, Kingsport, TN 37660
- Phone: 423-392-6898 // Hours: Mon-Fri 9am-12pm, 1pm-4pm

Mini-Miracles Pediatric Therapy

- Offers a broad range of services to children ages 0-22 with special needs. Services include behavioral health, occupational, physical, and speech therapy as well as education services and support groups. <https://www.minimiraclespllc.com/home.html>
- Address: 2114 E. Fairview Avenue, Johnson City, TN 37601
- Phone: 423-928-6464 // Hours: Mon-Fri 8am-6pm

Morgan Counseling Services

- Outpatient Drug Rehabilitation, using Suboxone, & Zubsolv, for opiate dependency, along with a National Board-Certified Counselor. Christian counseling by request, offers substance use services. <https://www.morgan-counseling.com/>
- Address: 2514 Wesley Street, Johnson City, TN 37601
- Phone: 423-833-5547 // Hours: Mon-Wed 9am-6pm, Thurs 8am-4pm, Fri 10am-5pm

Mountain States Psychiatry EAP - Ballad Health Counseling Services

- Mountain States Psychiatry EAP is a medical group practice located in Johnson City, TN that specializes in Psychiatry. <https://www.healthgrades.com/group-directory/tn-tennessee/johnson-city/mountain-states-psychiatry-eap-0009rnc>
- Address: 525 N State of Franklin Road, Suite D, Johnson City, TN 37601
- Phone: 423-302-3480 // Hours: Mon-Fri 7am-7pm

Papillon Behavioral Health

- Offers advanced psychological assessments including ADHD-Related concerns, Autism Spectrum Disorder Evaluations, Learning Difficulties, Conduct/Behavioral Disorders, and more. <https://papillonpsych.com/>
- Address: 4156 Bristol Hwy, Suite 1, Johnson City, TN 37601
- Phone: 423-529-0385 // Hours: Mon-Thurs 8am-5pm, Fri 9am-4pm, Sat 8am-1pm

Psychiatric Associates

- Accepts Aetna and BCBS Insurance only. Three month waiting list. <https://www.healthgrades.com/group-directory/tn-tennessee/johnson-city/psychiatric-associates-00obvrt>
- Address: 302 Sunset Drive, Suite 105, Johnson City, TN 37604
- Phone: 423-282-1930 // Hours: Mon-Wed, Fri 9am-5pm

Psychiatric Associates of Kingsport, LLP

- Adult and geriatric care. No TennCare. Requires a \$175 deposit, returned when you show up to the appointment. Private insurance or cash; provides ketamine therapy. <http://www.psychsockpt.com/>
- Address: 1944 Brookside Dr. Suite 3, Kingsport, TN 37660
- Phone: 423-392-6521 // Hours: Mon-Thurs 7:30am-4pm

Sarlenna Locklear, MA

- Accepts insurance plans, has online scheduling, and works through the philosophy of integrative medicine. <https://www.healthgrades.com/providers/sarlenna-locklear-xf215>
- Address: 1104 Tusculum Blvd #219, Greeneville, TN 37745
- Phone: 423-609-3455 // Hours: Mon-Fri 8am-5pm

Summit Counseling Services

- Evidence based counseling for all ages, families, and couples. They specialize in Depression, OCD/Panic/Anxiety/Phobias, Trauma/Abuse, Eating Disorders, Addiction, Marriage/Relationships, Grief, Anger Management. <https://summitcounselingtn.com/>
- Address: 207 E. Main Street Suite 1C, Johnson City, TN 37604
- Phone: 423-491-5822 // Mon-Thurs 9am-9pm, Fri 9am-5pm, Sat 9am-4pm

Sunny Path Counseling

- Offers play and talk therapy to children and teens. Serves ages 0-19. Sliding scale prices. Specializes in child or adolescent therapy, trauma and PTSD, and emotional disturbance. Christian emphasis. <https://sunnypathcounseling.com>

- Address: 4132 Bristol Highway, Suite 5, Johnson City, Tennessee 37601
- Phone: 423-328-1289 // Hours: Mon-Thurs 9:30am-5pm, Fri 9:30am-4pm

Thriveworks Counseling

- The mental health professionals at Thriveworks Counseling are well versed in the numerous reasons why people pursue therapy. <https://thriveworks.com/>
- Bristol
 - Address: 100 5th St., Ste. 310, Bristol, TN 37620
 - Phone: 423-822-5099 // Hours: Mon-Fri 7:30am-9pm, Sat-Sun 8am-5pm
- Johnson City
 - Address: 268 Christian Church Rd., Ste. 2, Johnson City, TN 37615
 - Phone: 423-491-4202 // Hours: Mon-Fri 7:30am-9pm, Sat-Sun 8am-5pm

Tonia Parlier, LPC

- Certified in EMDR and other trauma related therapies, including Trauma Focused Cognitive Behavioral Therapy, Attachment/Self-Regulation/Competency (ARC) for complex traumas, and Splankna (Christian-based therapeutic approach utilizing Energy Psychology). The cost per session is generally \$50-\$90 on a sliding scale. Insurance accepted. <https://www.psychologytoday.com/us/therapists/tonia-m-parlier-greeneville-tn/252739>
- Address: 128 South Main Street, Greeneville, TN 37743
- Phone: 423-328-8959 // Hours: Mon-Fri 9am-5pm

Tri-Cities Behavioral Therapy

- This organization primarily operates in the Rehabilitation Center, Outpatient Treatment business / industry within the Health Services sector. http://cca.johnsoncitytnchamber.com/tri-cities-behavioral-therapy_1_722_31477_memberprofile.aspx
- Address: 321 W Walnut Street, Johnson City, TN 37604
- Phone: 423-202-3622 // Hours: Mon-Fri 8am-5:30pm

Tri-Cities Center for Christian Counseling

- Christian counseling handling individuals, children, adolescents, and couples. Counseling fees are based on a sliding scale according to the total annual family income. Since TCCC is chartered as a Biblical based counseling facility, the state of Tennessee's guidelines, pertaining to such charters, prohibit us from filing insurance. However, we work with clients on an individual basis to keep fees affordable. <https://tricitescounseling.org/>
- Kingsport (Main Office) - Address: 225 Broad St. Suite 2, Kingsport, TN 37660
- Johnson City (Counseling Only) - Address: 112 E. Myrtle Ave. Suite 407., Johnson City, TN 37601
- Phone: 423-246-5111 // Hours: Mon-Thurs 9am-7pm, Fri 9am-3pm

Watauga Behavioral Health Services

- Frontier Health facility provides a wide spectrum of mental health services. They offer outpatient mental health, substance abuse, and co-occurring programs for adults, children, adolescents, and families. Case management services (home/community-based services) are also available. <https://www.frontierhealth.org/directory/frontier-health-watauga-behavioral-health-services/>
- Address: 109 W. Watauga Avenue, Johnson City, TN 37604
- Phone: 423-232-2600 // Hours: Mon-Fri 8am-5pm

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Crisis and Association Helplines and Centers

Calm Center (Open 24 Hours)

- The CALM Center is a voluntary short-term observation, intervention and stabilization service for adults 18 and older.
- Address: 301 W. Watauga Avenue, Johnson City, TN 37601
- Phone: 423-928-9062

Crisis Stabilization Unit (Open 24 Hours)

- A 15-bed voluntary mental health co-occurring disorders unit for adults 18 and older who are experiencing a mental health emergency.
- Address: 200 W. Fairview Avenue, Johnson City, TN, 37601

- Phone: 423-928-9062

24-Hour Pregnancy Hotline	1-800-BETHANY
Adult Protective Services	1-888-277-8366
Disaster Distress Helpline	800-985-5990 or Text "TalkWithUs" to 66746
Domestic Violence Hotline	800-799-7233 or Deaf Callers: 800-787-3224
ETSU Students:	"BUCSPress2" 423-439-4841, Then Press #2
Family Violence Victim Assistance Line	423-926-8901
First Tennessee Human Resource Agency Personal Support Services.....	1-866-777-1250
IMAlive Online Crisis Network	www.imalive.org
National Center for Victims of Crime-Stalking Resource Center	1-800-304-2255
National Mental Health Association	1-800-959-6642
Rape, Abuse, Incest National Network (RAINN)	800-656-4673
Red Cross Disaster Relief	423-727-0058
Self-Mutilation Hotline	1-800-366-8288
Suicide Prevention Lifeline	800-273-TALK or 800-273-8255
TN Child Abuse Hotline	877-237-0004
TN Coalition Against Domestic & Sexual Violence	1-800-289-9018
TN Elder Abuse Hotline	888-277-8366
TN Mental Health Crisis Line	855-CRISIS-1 or 855-274-7471
The Trevor Helpline (LGBTQ)	866-488-7386 or Text "Trevor" to 202-304-1200
Veterans Crisis Line	800-273-8255, Then Press #1 or Text 838255
Woodridge Hospital Intervention Helpline	1-800-366-1132

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Disability Services

The Arc of Washington County, TN

- Mission is to enable all ages with disabilities to live as contributing, valued, members of the community by creating partnerships that foster nurturing communities where people with disabilities can live their vision of a valued life. Services include Respite Care, Family Support, ARC "Little Folks" Early Intervention Program, Independent Support Coordination. <https://www.arcwc.org>
- Address: 9 Worth Circle, Johnson City, TN 37601
- Phone: 423-928-9362 // Hours: Mon-Fri: 8:30am-4:30 pm

Community Tennessee Rehabilitation Center

- Provides services that lead to employment and are designed to meet individual needs. <https://www.tn.gov/content/tn/humanservices/ds/office-locator-trc-ttap.html>
- Address: 2557 Plymouth Road, Johnson City, TN 37605
- Phone: 423-434-6934 // Hours: Mon-Fri 8am-4:30pm

Dawn of Hope

- Provides an array of services for individuals that have an intellectual and/or developmental disability. <https://www.dawnofhope.com>
- Address: 500 East Oakland Avenue, Johnson City, TN 37601, PO Box 30-37605
- Phone: 423-434-5600 // Hours: Mon-Fri 8am-4:30pm

First Tennessee Area Agency on Aging and Disability

- Services include providing information and services on a range of assistance for older adults and those who care for them. <https://www.agingcare.com/local/first-tennessee-area-agency-on-aging-disability-johnson-city-area-agency-on-aging-tn>
- Address: 3211 North Roan Street, Johnson City, TN 37601
- Phone: 1-866-836-6678 // Hours: Mon-Fri 8am-4:30pm

Jeremiah School

- Provides students on the autism spectrum a Christ-centered education that allows the students to connect and grow in a supportive environment. <https://www.jeremiahschool.com>
- Address: 2423 Susannah St., Johnson City, TN 37604. PO Box: 6024
- Phone: (423) 915-9257 // Hours: Mon-Fri 8am-2:30pm

Kids Like Us Community Center

- All children and young adults, regardless of ability or disability, should have the same opportunity to connect with others, to be able to learn and socially connect with new friends, and have a sense of belonging in the community That is what “Kids Like Us” is all about.

<http://www.kidslikeuscommunity.org/> <https://www.facebook.com/Kidslikeuscommunity/>

- Address: 655 Watauga Road, Elizabethton, TN 37694
- Phone: 423-470-3410 // Hours: Mon, Wed, Fri 10am-4pm, Tues, Thurs 4pm-6pm

Ridin’ High Therapeutic Riding Center

- Provide services for individuals with physical, emotional, cognitive, or social challenges, children struggling with literacy, and individuals recovering from traumatic events (such as Adverse Childhood Experiences). <http://ridinhigh.org>
- Address: 5722 Long Creek Rd, Morristown, TN 37813
- Phone: 423-585-0331 // Hours: Mon-Thurs 8:30am-4:30pm

Small Miracles Therapeutic Equestrian Center, Inc.

- Provide services and programs that address the specific needs for individuals with ADD/ ADHD, Ataxia-telangiectasia, autism/ Asperger’s syndrome, Sensory Processing Disorder, Cerebral Palsy, CHARGE syndrome, developmental delay, Down Syndrome, stroke, visual impairment, Post traumatic Stress Disorder, Microcephaly, Cryptic Translocation, and fine/gross motor skills. <https://www.small-miracles.org>
- Address: 1026 Rock Springs Drive, Kingsport, TN 37664
- Phone: 423-349-1111 // Hours: Mon 10:30am-6pm, Tues 10:30am-6:30pm, Wed 10:30am-5:30pm, Thurs 10:30am-6pm, Fri 10:30am-4:30pm

STEP: Support and Training for Exceptional Parents

- Provides information and training related to special education rights, equal access to quality education, and connections to community resources. <https://tnstep.org>
- Address: 712 Professional Plaza, Greeneville, TN 37745
- Phone: 423-639-0125 // Hours: Mon-Tues 9am-5pm, Wed-Fri 8am-5pm

Sunrise Community of East Tennessee

- Services include community-based residential service, a family model that is an alternative to traditional community-based residential services, day program and community options that provide resources that can increase social skills, develop self-esteem and build relationships. <https://sunrisegroup.org/locations/tennessee/>
- **Greeneville Location**
 - Address: 1705 West Main Street, Greeneville, TN 37743
 - Phone: 423-636-1333 // Mon-Fri 8:30am-5pm
- **Knoxville Location**
 - Address: 101 Dalton Place Way Knoxville, TN 37912
 - Phone: 865 687-2977 // Mon-Fri 8:30am-5pm

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Domestic Violence & Abuse Resources/Shelters

Abuse Alternatives, Inc.

- Providing quality services to the community so that all people might have a life free of domestic violence.
- Address: 104 Memorial Dr, Bristol, TN 37620 (Serves Bristol TN/VA, Washington County, VA & Upper Sullivan County, TN) <https://www.abusealternativesinc.org/>
- Phone: 423-764-2287 or 1-800-987-9750 // Hours: 24 Hrs.

Children’s Advocacy Center (CASA)

- A statewide membership organization dedicated to helping communities, through local child advocacy centers, respond to allegations of child abuse in ways that are effective and efficient – and put the needs of child victims first. <https://nationalcasagal.org/>
- Address: 201 E. Myrtle Avenue, 37601 Johnson City, TN
- Phone: 423-926-6528 // Hours: Mon-Fri 8:30am-4:30pm

CHIPs (Serves Carter, Greene and Unicoi County)

- Family violence shelter. Serving Carter, Greene & Unicoi Counties. Trauma-informed care. <http://www.chipsfvs.org/>
- Address: 219 S. Main Avenue, Erwin, TN 37650

- Phone: 423-743-0022 // 24 Hour Hotline: 423-388-8281 // Hours: Mon-Fri 8am-4pm

Community Coalition Against Human Trafficking (CCAHT)

- A nonprofit organization that provides human trafficking training and education to our community, oversees a locally focused anti-trafficking task force, and provides comprehensive direct services to survivors of human trafficking across 33 counties of East Tennessee. <https://growfreetn.org/>
- Address: 2095 Lakeside Centre Way, Suite 101, Knoxville, TN 37922
- Phone: 865-236-1046 // Hours:

Family Justice Center

- The Family Justice Center provides a safe location to help domestic & sexual violence victims and their families in Johnson City and Washington County. <https://www.facebook.com/JCWCFamilyJusticeCenter/>
- Sexual Assault Center of East TN - Upper East Region
- Address: 196 Montgomery Street, Johnson City, TN 37604
- Phone: 423-722-3720

Safe Harbor Home

- A Safe Harbor Home, Inc. is committed to equip the victims of domestic violence with the necessary tools to empower their lives. We believe that no one should have to live in fear or in a violent environment with their loved ones. <https://www.asafeharborhome.org/index.html>
- Address: 818 West Summer Street, Ste. A, Greeneville, TN 37743
- Phone: 423-218-0774 // Hours: Mon-Fri 10am-5pm

Safe Haven

- Domestic Abuse shelter offers emergency services, legal and financial assistance, counseling and housing services, and more. <http://www.jcsafehaven.org/>
- Address: 311 South Church Street, Mountain City, TN 37683
- Phone: 423-727-1914 // Hours:

Safe House - Johnson City

- Domestic Abuse shelter offers emergency services, legal and financial assistance, counseling and housing services, and more. <https://www.domesticshelters.org/help/tn/johnson-city/37605/safe-house>
- Address: 603 Bert St, Johnson City, TN 37601
- Phone: 423-232-8920 // Emergency Line: 423-926-7233 // Hours: Mon-Fri 8:30am-5:30pm

Safe House, Inc. - Kingsport

- Domestic Abuse shelter offers emergency services, legal and financial assistance, counseling and housing services, and more. <https://www.domesticshelters.org/help/tn/kingsport/37664/safe-house>
- General Location: Kingsport, TN
- Phone: 423-467-3600 // Hotline: 844-578-7233 // Hours:

Safe Passage

- Safe Passage is a domestic violence shelter for women and children. <http://www.jchousing.org/programs-services/external-resources/safe-passage/>
- Address: 901 Pardee St, Johnson City, TN 37601
- Phone: 423-232-4784 // Hours:

Shepherd's Inn Domestic Violence Shelter

- Domestic Abuse shelter offers emergency services, legal and financial assistance, counseling and housing services, and more. <https://www.domesticshelters.org/help/tn/elizabethton/37644/the-shepherd-s-inn-safe-house-emergency-shelter>
- Address: 610 W. G Street, Elizabethton, TN 37643
- Phone: 423-542-0180 // Hours: Mon-Sun 8am-5am

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Drug/Alcohol Support & Treatment

Alcoholics Anonymous

- Local 12-step support groups for those struggling with alcohol addiction. Various locations in Tri-Cities area: <http://www.aatriciestn.org/>
- Phone: 423-928-0871

Carter County Drug Prevention

- Carter County Drug Prevention is an anti-drug coalition designed to bring together diverse organizations, factions or constituencies who agree to work together to achieve a common goal.
<http://www.cartercountydrugprevention.org/>
- Address: 546 East Elk Avenue, Elizabethton, TN 37643
- Phone: 423-342-1335

East Tennessee-Johnson City Day Reporting/Community Resource Center

- Serve as alternatives to incarceration by placing eligible participants in structured and intensive outpatient programs. The programs provide resources and services to offenders to assist them as they work towards becoming productive citizens in their communities. <https://www.tn.gov/correction/redirect---rehabilitation/day-reporting/day-reporting-community-resource-center-locations.html>
- Address: 110 KLM Dr, Suite 8, Johnson City, TN 37601
- Phone: 423-434-3033 // Hours: Mon-Fri 8am-4:30pm

Insight Alliance

- This organization promotes substance abuse prevention and awareness within the community. It provides resources and tips for prevention and restoration of substance abuse. <http://www.wcad.com/>
- Address: 207 E. Main Street, Suite 1E, Johnson City, TN 37601
- Phone: 1-877-366-7593 // Mon-Fri 9am-4:30pm

Johnson City Downtown Day Center (offers substance abuse groups)

- JCDDC is a safe place for homeless individuals to go during the day to receive essential services which include: Accepts Medicaid clinics, counseling, Substance Abuse and Trauma groups, case management, washer/dryer services, shower services, and a clothes closet. The JCDDC is open to individuals, families, and youth over the age of 18 years old. Case Managers are on site daily to assist all clients with navigating the homeless services process in Johnson City. These services can include obtaining housing, employment, state ID/birth certificate and applying for SSI/SSDI.
<https://www.etsu.edu/nursing/clinics/community/downtown.php>
- Address: 202 W. Fairview Avenue, Johnson City, TN 37604
- Phone: 423-439-7371 // Day Center Hours: Mon-Fri 7am-3:30pm // Day Center Clinic Hours: Mon-Fri 8am-4:30pm

Magnolia Ridge Alcohol and Drug Treatment

- Residential treatment for adults (men and women) age 18 and over struggling with substance abuse issues. On-site detoxification is available. Additionally, the facility is equipped to care for those struggling with co-occurring mental health disorders. Magnolia Ridge accepts both public and private insurance. Additionally, they offer sliding scale fees for uninsured individuals who have limited or no funds to pay for services. <https://www.rehabs.com/listings/frontier-health-magnolia-ridge-alcohol-drug-treatment-2700290774/>
- Address: 900 Buffalo Street, Johnson City, TN 37604
- Phone: 423-232-1800 // Hours: 24 Hrs.

Narcotics Anonymous

- Local 12-step support groups for those struggling with narcotic addiction. Various locations in Tri-Cities area: <http://mana-e-tn.org/schedule.pdf>
- Phone: 423-959-1800 or 1-866-360-4929 // Hours: Programs offered at various times

Recovery Associates

- Recovery Associates is a private rehab located in Johnson City, Tennessee. Recovery Associates specializes in the treatment of alcoholism, opioid addiction, mental health and substance abuse. Levels of care include Outpatient (OP), Intensive Outpatient (IOP), and Aftercare Support (i.e. NA or AA). Clinical services include individual therapy, couples therapy and group therapy.
<https://doctor.webmd.com/practice/recovery-associates-inc-5a751be0-70f5-e211-8d90-001f29e3bb62-overview>
- Address: 401 E Main Street #3, Johnson City, TN 37601
- Phone: 423-232-0222 // Hours: Mon, Thurs, Sat 7:30am-10:30am, Wed 7:30am-6pm, Fri 7:30am-12pm

Red Legacy Recovery

- Provides life-skills training for women facing drug and/or alcohol addiction recovery. Services are offered to women serving in the Carter County Detention Center as well as in the community, to any women

needing support in recovery and life skills. The goal of this organization is to provide women with tools to be self-confident, self-sufficient, and employed. <https://www.facebook.com/RedLegacyRecovery/about/>

- Address: 210 South Hills Estates, Elizabethton, TN 37643
- Phone: 423-297-1230 // Hours: Mon-Thurs 10am-5pm, Fri 10am-3pm

ReVIDA Recovery Centers

- ReVIDA Recovery promotes safe and healthy communities by empowering individuals to reclaim their lives from opioid use disorder. <https://www.revidarecovery.com/>
- Address: 3114 Browns Mill Road, Johnson City, TN 37604
- Phone: 423-631-0432 // Mon-Sat 8:15am-5pm

Willow Ridge

- Provides long-term residential or short-term residential treatment options for young adults and adults struggling with addiction. Ability to work with those dealing with trauma or co-occurring mental or substance-use disorders. Financial assistance is available. Psychiatric medications may be administered. Discharge and aftercare treatment planning is provided. <https://www.rehab.com/frontier-health-magnolia-ridge-and-willow-ridge/5273427-r>
- Address: 808 Frank Jones Road, Johnson City, TN 37601
- Phone: 423-461-7750 // Hours: Mon-Fri 8am-4:30pm

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Education

East Tennessee State University Admissions

- <https://www.etsu.edu/admissions/>
- Mailing Address: P.O. Box 70731, Johnson City, TN 37601
- Phone: 423-439-4213

First Tennessee Human Resource Agency (FTHRA) Senior Employment Program

- First Tennessee Human Resource Agency's Senior Employment Program is a federally funded training program which assists low-income, unemployed seniors gain viable job skills through paid training at various non-profit and government agencies. <https://fthra.org/programs>
- Address: 704 Rolling Hills Dr., Johnson City, TN 37604
- Phone: 423-461-7844 // Hours: Various

Jenny Lea Academy (Cosmetology)

- Cosmetology School. <http://www.jennyleaacademy.edu/admissions/>
- Address: 222 E. Unaka Avenue, Johnson City, TN 37601
- Phone: 423-926-9095

King University Admissions

- <https://www.king.edu/admissions/traditional/admissions-process/>
- Address: 1350 King College Road, Bristol TN 37620
- Phone: 1-800-362-0014

Milligan College Admissions

- <https://admission.milligan.edu/>
- Address: 1 Blowers Boulevard, Milligan College, TN 37682
- Phone: 423-461-8700

Mount Rogers Regional Adult Education Program

- We provide leadership and support for adult education and literacy services with an emphasis on the development and expansion of quality, family literacy and workplace education programs, including preparation and instruction for taking the GED Test, the National External Diploma Program, and work ready certifications. In addition, we offer assistance to prepare for the Virginia Placement Test. All classes and tests are FREE of charge. <https://sites.google.com/view/mrraep/home>
- Address: One Partnership Circle, Abingdon, VA 24210
- Phone: 800-322-7748 or 276-619-4396 // Hours: Mon-Fri 9am-5pm

National College

- <https://www.national-college.edu/locations/bristol-tn/>
- Address: 1328 US-11W, Bristol, TN 37620
- Phone: 423-878-4440

Northeast State Community College Admissions

- <https://www.northeaststate.edu/Admission/Office-of-Admissions-and-Records/>
- Mailing Address: P.O. Box 246, Blountville, TN, 37617
- Phone: 423-323-0253

Premier Cosmetology Academy

- <https://www.premiercosmetologyacademy.com/>
- Address: 3410 W. Market Street, Johnson City, TN 37601
- Phone: 423-328-0386

RISE: Healthy for Life

- RISE provides and promotes responsible, inclusive sexuality education that empowers all people to be healthy for life in a culture of consent, inclusion, and compassion. <https://risehfl.org/>
- Address: Sync.Space 227 E Sullivan St., Kingsport, TN 37660
- Phone: 423-250-3046 // Hours: Vary by class

Ross Medical Education Center

- <https://www.rosseducation.edu/locations/tennessee/johnson-city/>
- Address: 3021 E. Oakland Avenue, Johnson City, TN 37601
- Phone: 423-232-6270

Service Center of the U.E.T.H.D.A (Upper East Tennessee Human Development Agency)

- The Upper East Tennessee Human Development Agency provides education enhancement opportunities to multiple generations. The agency offers opportunities for adults who want to pursue an education. Whether it is a trade, certificate, associates, or bachelors, we can help you reach your goals. Our dedicated and passionate staff are here to encourage you and help remove any barriers standing in your way of reaching your highest potential. They also offer Head Start programs for children and emergency family assistance. <https://uethda.org/>
- Bristol (TN)
 - Address: 522 Alabama St, Bristol, TN 37620. PO Box 1987
 - Phone: 423-968-3951 // Hours: Mon-Fri 8am-4:30pm
- Carter County
 - Address: 408 Cherokee Park Dr, Suite #5, Elizabethton, TN 37644. PO Box 1784
 - Phone: 423-542-5121 // Hours: Mon-Fri 8am-4:30pm
- Greene County
 - Address: 124 Austin Street, Suite 2, Greeneville, TN 37744. PO Box 1946
 - Phone: 423-639-3681 // Hours: Mon-Fri 8am-4:30pm
- Washington County
 - Address: 125 E. Jackson Blvd., Suite 11A, Jonesborough, TN 37659. PO Box 1176
 - Phone: 423-753-3097 // Hours: Mon-Fri 8am-4:30pm
- Kingsport
 - Address: 301 Louis Street, Kingsport, TN 37662. PO Box 46
 - Phone: 423-247-5149 // Hours: Mon-Fri 8am-4:30pm

Tennessee College of Applied Technology

- <https://tcatelizabethton.edu/future-students/admissions>
- Address: 426 Highway 91 North, Elizabethton, TN 37643
- Phone: 423-543-0070

Tusculum University

- <https://home.tusculum.edu/apply/>
- Address: 60 Shiloh Road, Greeneville, TN 37743
- Phone: 423-636-7312

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Exercise/Fitness

Basler Center for Physical Activity & Campus Recreation (ETSU Student/Faculty & Staff)

- Campus Recreation provides inclusive and diverse recreational programs, facilities, and resources, including leadership and employment opportunities, for the ETSU community to promote a lifelong pursuit

of wellness. Campus Recreation offers programming in five (5) areas: Aquatics, Fitness & Wellness, Intramural Sports, Sport Clubs, and Outdoor Adventure. <https://www.etsu.edu/students/campusrec/>

- Address: 1244 Jack Vest Drive, Johnson City, TN 37614
- Phone: 423-439-7980 // Hours: Mon-Thurs 6am-12am, Fri 6am-9pm, Sat 8am-6pm, Sun 1pm-10pm

Breathe Yoga Center

- Yoga & Massage Therapy in Johnson City TN. At breathe we offer classes, workshops & private instruction for beginners to advance yogi. <http://johnsoncityyoga.com/>
- Address: 207 W. Unaka Avenue, Johnson City, TN 37601
- Phone: 423-282-5483 // Hours: Vary by class

Downtown Yoga Center

- A variety of classes offered by a qualified, passionate, and experienced teacher. <http://downtownyogacenter.com/index.html>
- Address: 122 Spring Street, Johnson City, TN 37601
- Phone: 423-232-YOGA // Hours: Vary by class

Energy Fitness 24/7 (Safe Space)

- Energy Fitness is a downtown, local, convenient, clean, and friendly fitness facility that has been serving clients in the Johnson City started area since 2011. <https://www.energyfitness247.com/>
- Address: 212 E. Main Street, Johnson City, TN 37604
- Phone: 423-218-9348 // Hours: 24 Hrs.

Fire & Water Martial Arts

- Featuring one of the oldest Christian Martial Arts Associations in the US. Offering martial arts training to the Tri-Cities Area for over 35 years. <http://www.fireandwateronline.org/>
- Address: 258 Exeter Lane, Blountville, TN 37617
- Phone: 423-323-3581 // Hours: Mon, Fri 7pm-9pm

Greater Kingsport Family YMCA

- Our Y is made up of people of all ages, faiths and abilities, all working side-by-side to ensure that everyone, regardless of gender, race, income or background, has the opportunity to live life to its fullest. <https://www.ymcakpt.org/>
- Address: 1840 Meadowview Pkwy, Kingsport, TN 37660
- Phone: 423-247-9622 // Hours: Mon-Fri 5am-9pm, Sat 7am-4pm

iTrain Fitness

- A 24/7/365 gym and Training facility. We offer showers and locker rooms with both day use and monthly locker rental. We have Professional Coaches on site to help you with all your needs from Training to Nutrition. <http://www.itfc.com/>
- Address: 103 LP Auer Road, Johnson City, TN 37604
- Phone: 423-946-3020 // Hours: 24 Hrs.

Lifestyle Fitness Center

- 5 Premier Health Clubs serving the Tri-Cities with the latest and best Workout Equipment on the market. Plus, Pool, Tennis, Basketball, Volleyball and Group Fitness Classes. Parking available throughout. <https://tricitiestylefitness.com/about-us/>
- Address: 316 Marketplace Blvd. Suite 10, Johnson City, TN 37602
- Phone: 423-282-2375 // Hours: Mon-Thurs 5:30am-8pm, Fri 5:30am-6pm, Sat 8am-3pm, Sun 12pm-5pm

Memorial Park Community Center

- Johnson City Parks and Recreation is committed to enhancing community well-being by providing responsive recreation opportunities, quality open space and preservation of natural habitats, and innovation in all aspects of our service operation. https://www.johnsoncitytn.org/residents/memorial_park_community_center.php
- Address: 510 Bert Street, Johnson City, TN 37601
- Phone: 423-434-5750 // Hours: Mon-Fri 7am-9pm, Sat 9am-5pm

Mullins Shaolin (Kung Fu & Tai Chi)

- Great for all ages. No pressure, great workout, knowledgeable staff. <https://mullinshaolin.com/>
- Address: 3501 W. Market Street, Johnson City, TN 37604
- Phone: 423-282-9099 // Hours: Mon, Tues, Thurs 5pm-8:30pm, Wed 5pm-8pm, Sat 8:30am-12pm

Olson's Martial Arts Academy

- At Olson's Martial Arts Academy our professional Instructors are ready to serve our community from karate kids to adults. We strive to make your martial arts class a personalized experience as we realize many of our students have enrolled for multiple reasons. <https://olsonisma.com/>
- Address: 113 Cherry Street, Johnson City, TN 37601
- Phone: 423-926-9161 // Hours: Mon-Fri 8am-8pm, Sat 9am-2pm

Planet Fitness

- It's our goal to provide a clean, safe, welcoming environment for anyone who walks through our door, and all the equipment, amenities and support you need once you're here. <https://www.planetfitness.com/gyms/johnson-city-tn>
- Address: 949 Hamilton Place Drive, Johnson City, TN 37604
- Phone: 423-328-3257 // Hours: 24 Hrs.

Real Hot Yoga

- Real hot yoga offers real fitness that delivers real results! Our focus is fitness-based yoga with a variety of challenging classes to help you meet your fitness goals. <http://realhotyogajohnsoncity.net/>
- Address: 2111 N. Roan Street, Johnson City, TN 37604
- Phone: 423-928-9642 // Hours: Mon-Fri 9am-10:45am, 4:30pm-8:30pm, Sat 9am-10:15am, 10:45am-12pm, Sun 2pm-7pm

Shakti in the Mountains

- Shakti in the Mountains is a community for women (and the men who support them) to cultivate, nurture and celebrate the feminine. <https://shaktiinthemountains.com/>
- Address: 409 E. Unaka Street, Johnson City, TN 37601
- Phone: 423-202-4472 // Hours: Mon 10am-3pm, 5pm-6:30pm, Tues-Thurs 10am-3pm, Fri 8:30am-3pm, 4pm-6pm

Team Oxendine Mixed Martial Arts

- From our staff of professional black belt instructors to our reputation in the world of combat sports, Team Oxendine is dedicated to helping you reach your goals. <http://www.teamoxendine.com/>
- Address: 508 W. Oakland Avenue, Johnson City, TN 37601
- Phone: 423-773-3030 // Hours: Mon-Fri 12pm-8:30pm, Sun 3pm-5pm

Thunder Valley CrossFit

- Within Thunder Valley Fitness you will find three uniquely different programs (Thunder Valley CrossFit, Fit Club, and Burn) that give all individuals an option to get in the best shape of their life. <http://www.thundervalleycrossfit.com/>
- Address: 2308 Silverdale Drive, Johnson City, TN 37604
- Phone: 423-258-8458 // Hours: Mon-Fri 5:30am-6:30pm, Sat 9am-12pm

Tri-Cities Boxing & Fitness

- Offering amateur kids, women and men's boxing and training from beginner to advanced. <https://www.facebook.com/TriCitiesBoxFit/>
- Address: 221 W. Main Street, Johnson City, TN 37601
- Phone: 423-461-0048 // Hours: Mon-Fri 12pm-8pm, Sat 12pm-3pm

Unicoi County Family YMCA

- The Unicoi Family YMCA is a leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. Working locally, we focus on empowering young people, improving health and well-being and inspiring action in and across communities. <https://www.ucfymca.org/>
- Address: 601 Love Street Erwin, TN 37650
- Phone: 423-743-3361 // Hours: Mon, Tues, Thurs, Fri 6am-8pm, Wed 6am-6pm, Sat 8am-12pm, Sun 1pm-5pm

Yoga for the Health of It

- Yoga is great for the body, mind and spirit. At Yoga for the Health of It, you have the advantage of enjoying the relaxation, stretching, strengthening, and spiritual aspects of yoga, along with other spa modalities, such as massage, and aesthetics. <https://www.yogaforthehealthofit.com/contact-us/>
- Johnson City:
 - Address: 217 E. Unaka Avenue, Johnson City, TN 37601
 - Phone: 423-431-9358 // Hours: Mon 4:45pm-5:45pm, 6pm-7pm, Tues 5:45pm-6:45pm, Wed 10am-11am, 12:10pm-12:50pm, Fri 12:10pm-12:50pm, Sat 9am-10:30am
- Elizabethton:

- Address: 119 W. F Street, Elizabethton, TN 37643
- Phone: 423-431-9358 // Hours: Mon 4:45pm-5:45pm, 6pm-7pm, Tues 5:45pm-6:45pm, Wed 10am-11am, 12:10pm-12:50pm, Fri 12:10pm-12:50pm, Sat 9am-10:30am

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Faith-Based Resources

Appalachian Dharma and Meditation Center

- Offers a variety of groups practicing mindful living. <https://www.facebook.com/appalachian.dharma>
- Address: 108 W 10th Ave, Johnson City, TN 37604
- dharma4et@gmail.com

Bethany Christian Services

- Services include supporting children and families with world-class social services through adoption, foster care, and emergency care; as well as providing services related to pregnancy, families, and/or refugees. <https://bethany.org>
- Address: 100 Dyer Street, Johnson City, TN 37601
- Phone: 423-782-9345 // Hours: 8:30am-5:30pm

B'nai Shalom Congregation

- Worship Friday at 7:30 am and Saturdays at 10 am. <https://www.facebook.com/bnaisholomcongregation/>
- Address: 2510 Highway 126, Bristol, TN 37620
- Phone: 423-323-7596 // Hours: Fri 7:30-9:30pm, Sat 10am-1pm

Covenant Presbyterian Church

- Worship Sundays at 11 am. <http://www.cpcjc.org/>
- Address: 603 Sunset Drive, Johnson City, TN 37604
- Phone: 423-282-5324 // Hours: Mon-Thurs 9am-4pm

The Emmaus House, Episcopal Student Ministry

- Wednesday night meetings at 6:30 pm with free food. <https://emmaus.dioet.org/>
- Address: 1323 Seminole Ridge Rd., Johnson City, TN 37604

First Presbyterian Church Elizabethton

- LGBT Social Gatherings and potluck, 2nd Saturday of every month at 6pm. Worship Sundays at 11am. <http://fpcelizabethton.org/>
- Address: 119 W. F St., Elizabethton, TN 37643
- Phone: 423-543-7737 // Hours: Mon-Thurs 9am-4pm, Sun 8am-1pm

Holston Valley Unitarian Universalist Church

- Worship Sundays at 11am. Potluck after the service the 2nd Sunday of each month. <https://hvuuc.org/>
- Address: 136 Bob Jobe Rd., Johnson City, TN 37615
- Phone: 423-477-7661 // Hours: Tues, Thurs 9am-3pm, Sun 9:30am-12pm

Islamic Center of Johnson City

- MCNET is a religious nonprofit organization which primarily provides religious and community services for Muslims in Tri-Cities region. MCNET engages in dialogues with our brothers and sisters of other faiths in order to learn from each other and improve understanding. MCNET also participates in community activities to serve our community at large. <https://prayersconnect.com/mosques/15717-islamic-center-of-johnson-city-muslim-community-of-northeast-tennessee-johnson-city-tennessee/show#>
- Address: 3010 Antioch Rd, Johnson City, TN 37604
- Phone: 423-975-6681 // Hours: 24 Hrs.

Landmark Free Holiness Church (Pentecostal)

- Worship Sundays at 7pm. <https://www.localprayers.com/US/Johnson-City/377556882414087/Landmark-Worship-Center>
- Address: 1306 Orleans St., Johnson City, TN 37601
- Phone: 423-444-6822 // Hours: Wed 7pm-8:30pm, Sat 6pm-6:45pm, 7pm-10pm

Of One Accord Ministry

- Services include emergency food pantries, nutrition programs, medical care, and a home repair program. <https://www.ofoneaccordministry.org>
- Address: 306 East Main Street, Rogersville, TN 37857. PO Box 207
- Phone: 423-921-8044 // Hours: Mon-Sat 10am-5pm

Regional Indian American Community Center

- RIACC is a non-profit, community-based organization focused on connecting the Indo-American Community in the Tri-Cities, TN/VA and surrounding areas. <https://riacc.us/>
- Address: 406 Westfield Pl, Kingsport, TN 37664
- Phone: 423-349-6515 // Hours: Mon 9am-5pm, Tues, Thurs, Fri 11am-12:30pm

Samadhi Healing Arts Center

- We are a community-oriented safe space grounded in Eastern philosophies and practices. <https://samadhihealingartscenter.com>
- Address: 423 W Walnut St, Johnson City, TN 37604
- Phone: 423-926-2020 // Hours: Mon-Fri 10am-6pm

St. Paul's Episcopal Church (Leadership is affirming, congregation is mostly)

- Holy Eucharist Sundays at 8 am and 10:15 am. <https://stpaulskingsport.dioet.org/>
- Address: 161 East Ravine Rd., Kingsport, TN 37660
- Phone: (423) 245-5187 // Hours: Mon, Tues, Thurs 9am-4pm, Wed 9am-12pm

UKirk Presbyterian Campus Ministry PC(USA) at ETSU

- “Our values include inclusion, connection, and love. We openly affirm and celebrate all people, including LGBTQ+ community, as a vital part of the body of Christ and invite you to join us in all of the following ways. We currently meet every Sunday for worship and dinner and Mondays for fellowship (see our calendar). Open Space is our group for spiritual/religious LGBTQ+ students, Tuesdays from 4-5 pm. We have a building with free Wi-Fi, coffee, and laundry facilities located at 1412 College Heights Rd. Find us on Facebook: facebook.com/ukirketsu and on Instagram: @ukirketsu. olivia@presbyhouse.org
- Address: 1412 College Heights Rd, Johnson City, TN 37604
- Phone: 423-926-2522 // Hours: Mon 10am-9pm, Tues-Thurs 10am-5pm, Fri 1-am-2pm

Unity Church of the Tri-Cities

- Meet Sundays at 11am. <https://www.facebook.com/unitychurchtricitie/>
- Address: Samadhi Healing Arts Center, 423 W. Walnut St., Johnson City, TN
- Phone: 423-975-9159 // Hours: Sun 10:30am-12:30pm

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Food Assistance

Angel Food Hotline at University Parkway Baptist Church (EBT accepted)

- Monthly Distribution - Drive through distribution. <https://www.upbaptist.org/parkway-food-pantry/>
- Address: 219 University Parkway, Johnson City, TN
- Phone: 423-282-3402 // Hours: Mon-Fri 8am-3:30pm, Sun 9:30am-12:30pm

Assurance & Resource Ministries (ARM)

- <https://www.armfoodpantry.com/>
- Address: 714 West C St., Elizabethton, TN
- Phone: 423-542-0919 // Hours: Tues 2pm-5pm, Wed 9am-12pm, Thurs 9am-12 pm, Fri 9am-12pm, 1pm-4pm (call)

Bristol (TN & VA) Emergency Food Pantry

- <https://www.bristolfoodpantry.org/>
- Address: 21 Washington St, Bristol, VA, in front of First Baptist Church. PO Box 1471, Bristol VA 24203
- Phone: 423-571-4449 // Hours for food requests: 1:00 to 3:00 pm, Monday through Friday, closed on government holidays.

Bucky's Food Pantry (for ETSU students and faculty)

- <https://www.etsu.edu/foodpantry/>
- Address: W-277 in Mini-Dome at ETSU
- Phone: 423-439-7795 // Hours: Tues 8am-12pm, Thurs 1pm-4pm

Community Help Center

- Serves rural areas within 5 miles of the center. We provide food, hygiene products, clothing, household items, furniture and financial assistance for utilities. <https://www.facebook.com/communityhelpcenter/>
- Address: 1591 Hwy 81, Jonesborough, TN
- Phone: 423-788-0050 // Hours: Mon-Wed 10am-3pm

Department of Human Services (food stamps)

- The Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps) provides nutritional assistance benefits to children and families, the elderly, the disabled, unemployed and working families. <https://www.tn.gov/humanservices.html>
- Address: 1060 Wilcox Ct. Kingsport, TN
- Phone: 224-1900 // Hours: Mon-Fri 8am-4:30pm

EBT Hotline (Electronic Bank Transfer)

- Benefit Security EBT Card Hotline: 1-888-997-9444
- SNAP hotline: 1-866-311-4287

Engage Tri Cities

- Their mission is to reach Johnson City with the gospel, end homelessness, and see lives and families restored. <https://www.engage.cc/>
- Address: Location can vary
- Phone: 408-2888 // Sunday Night Serve: 5pm-6pm

Families First

- Food Stamp/Department of Human Services <https://www.tn.gov/humanservices/for-families/families-first-tanf.html>
- Address: 103 East Walnut St., Johnson City, TN
- Phone: 423-929-0171 // Hours: 8am-4:30pm

First Broad St. UMC (Woodyard Ctr.)

- Volunteers assist once a month on Mondays and Fridays to provide food to families and individuals. <https://www.fbsumc.org/>
- Address: 100 E. Church Circle, Kingsport TN
- Phone: 423-224-1531 // Hours: Mon, Fri 9am

Full Gospel Mission Church

- <https://feedkingsport.org/community-food-bankspantries/full-gospel-mission-kitchen-of-hope/>
- Address: 740 E. Sevier Ave.
- Phone: 246-1735 // Hours: Mon-Sat 3:30pm-5pm

Good Samaritan

- One-time only food box, Thanksgiving and Christmas food boxes. The Good Samaritan Ministries food pantry provides emergency food assistance for families, individuals, and elderly. <https://goodsamjc.org/>
- Address: 100 N. Roan St., Johnson City, TN
- Phone: 423-928-0288 // Hours: Mon 9am-12pm, 1pm-5pm, Tues-Thurs, Sat 9am-5pm, Fri 1pm-5pm

Greene County Community Ministries

- Food Pantry (must call first). <https://www.facebook.com/GGCCMinistries/>
- Address: 107 N. Cutler St., Greenville, TN
- Phone: 423-638-0050 // Hours: Mon-Fri 9am-12:30pm

Hale Community Ministries

- Food Pantry - Must Call First. Persons in crisis situations are seen as emergency walk-ins. <http://www.haleministries.org/ministries.html>
- Address: 1301 Arney St., Elizabethton, TN
- Phone: 423-547-2560 // Hours: Mon, Wed 8am-4pm, Tues 8am-12pm

Haven of Mercy

- <http://www.havenofmercy.net/home.html>
- Address: 123 W. Millard Street, Johnson City, TN
- Phone: 929-0616 // Dinner: Mon-Fri 4:30pm // Food Box - 1 every 30 days, call M/T for W and W/TH/F for Saturday

Help and Hope Ministries

- Only 37664 ZIP code. ID, Food Stamp, Stub. <https://feedkingsport.org/community-food-bankspantries/help-and-hope-ministries-food-pantry/>
- Address: 1383 Dewey St., Kingsport, TN
- Phone: 423-288-7122 // Hours: Sat 10am-12pm

Hunger First

- Our mission is to educate and empower the low income, no income, and homeless. We help provide food and clothing at no cost. Sometimes we help people find places to live. Sometimes we help with bills or help to obtain prescriptions. <https://hunger-first.org/>

- Address: 829 Myrtle St, Kingsport, TN 37660
 - Phone: 423-765-1144 // Hours: Mon-Fri 9am-3pm
- Johnson City Farmer's Market
- Closes for Winter. Join us every Wednesday and Saturday for market produce, baked goods, and arts & crafts from Upper East Tennessee. Accepts Food Stamps.
<https://www.facebook.com/johnsoncityfarmersmarket/>
 - Address: 100 East Market St, Johnson City, TN 37604
 - Phone: 423-926-7648 // Hours: 7:00AM until 2:00PM.
- Kids Backpack & Summer Food Program
- The Food for Kids Backpack Program® provides a bag full of healthy snacks and easily prepared meal items for children in need to take home and eat after school and on weekends. www.netfoodbank.org
 - Phone: 423-279-0430
- Kingsport Meals on Wheels
- Meals on Wheels of Kingsport is a volunteer-driven organization that provides hot, nutritious meals to seniors and others with disabilities that need a little extra support to live independently.
<https://www.mealsonwheelskingsport.org/index.php>
 - Address: 301 Louis St.
 - Phone: 423-247-4511
- Loaves & Fishes (at West Main Christian Church)
- On the fourth Sunday of every month. <http://www.harrisonchurch.com/events/2019/6/23/loaves-and-fishes-19zn7-ssz83-7f3rf-jc2g6-zxse9-xgrlt-ec7sr>
 - Address: 246 W. Main Street, Johnson City TN
 - Phone: 423-929-0905 // Hours: Meal Sat 4:30pm
- Melting Pot (in Munsey UMC)
- Shepherd's Breakfast – Provides sausage and eggs, biscuits and gravy, as well as a newspaper and plenty of fellowship. Our Daily Bread – a weekday joint ministry between Munsey and Good Samaritan Ministries which coordinates 26 churches to prepare and serve lunches. <https://www.munsey.org/melting-pot>
 - Address: 201 East Market Street, Johnson City, TN
 - Phone: 423-461-8070 // Lunch: Mon-Fri 11am // Breakfast: Sat 8:15am
- Of One Accord Ministry: Emergency Services Food Pantry
- <https://www.ofoneaccordministry.org/what-we-do>
 - Address: Church Hill Shopping Center, 401 Richmond St, Church Hill, TN 37642. PO Box 166.
 - Phone: 423-256-2408 // Hours: Mon, Wed, Fri 10am-1pm
- One Acre Cafe
- Volunteer to earn a free lunch. <https://www.oneacrecafe.org/>
 - Address: 603 W Walnut St, Johnson City, TN
 - Phone: 423-483-0517 // Hours: Mon-Fri 11am-1pm
- The Salvation Army
- Johnson City - <http://salvationarmykytn.org/locations/johnson-city/>
 - 208 Ashe Street
 - Phone: 423-926-8901 // Meals: 11:30am and 4:30 p.m. and Food Pantry
 - Kingsport - <http://salvationarmykytn.org/locations/kingsport/>
 - Address: 505 Dale St.
 - Phone: 246-6671 // Hours: Mon-Thurs: 10am-4pm
- Second Harvest Food Box
- Food Box distribution on predetermined days. <https://netfoodbank.org/>
 - Address: 1020 Jericho Dr., Kingsport, TN
 - Phone: 279-0430 // Hours: Mon-Fri 8am-4pm
- Shades of Grace
- <https://shadesofgracekingsport.org/>
 - Address: 313 E. Sullivan St.
 - Phone: 765-2440 // Hours: Mon-Fri 10am-4pm, Sun 1pm-6:30pm
- St. Paul A.M.E Zion Church
- Soup Kitchen on Wednesdays 1-3 pm <https://www.stpaultn.org/>
 - Address: 201 Welborne St., Johnson City, TN

- Phone: 423-676-0925 // Soup Kitchen Hours: Wed 1pm-3pm
- WIC (Special Supplemental Nutrition Program for Women, Infants, and Children)
- Provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. <https://www.fns.usda.gov/wic>
 - Various Locations across Tri-Cities
 - Phone: 1-800-342-5942
- First Tennessee Area Agency on Aging & Disability - Senior Meals on Wheels
- <https://www.ftaad.org/>
 - Address: 3211 N. Roan St., Johnson City, TN
 - Phone: 423-928-0224

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Health

For Emergencies call 911

TennCare

- You must apply for TennCare through the Health Insurance Marketplace. You may apply online at www.healthcare.gov (a kiosk is available at DHS for those who do not have computer or internet access) or you may call to have an application mailed to you.
- Phone: 1-800-318-2596

HOSPITALS

- East Tennessee Children's Hospital - <https://www.etch.com/>
- Address: 2018 W Clinch Avenue, Knoxville, TN 37916
 - Phone: 865-541-8000 // Hours: 24 Hrs.
- Franklin Woods Community Hospital - <https://www.balladhealth.org/hospitals/franklin-woods-community>
- Address: 300 Med Tech Pkwy, Johnson City, TN
 - Phone: 423-302-1000 // Hours: 24 Hrs.
- Holston Valley Medical Center - <https://www.balladhealth.org/hospitals/holston-valley-medical-center>
- Address: 130 W. Ravine Rd. Kingsport, TN
 - Phone: 423-224-4000 // Hours: 24 Hrs.
- JC Medical Center - <https://www.balladhealth.org/hospitals/johnson-city-medical-center>
- Address: 400 N. State of Franklin Rd. Johnson City, TN
 - Phone: 423-431-6111 // Hours: 24 Hrs.
- Johnson City Community Health Center - <https://www.etsu.edu/nursing/clinics/community/johnsoncity.php>
- Primary care, audiology/speech, nutrition, radiology, lab, dental. Sliding Scale Fee (\$15 min). No narcotics OR Benzodiazepines.
 - Address: 2152 Century Lane, Johnson City, TN
 - Phone: 423-926-2500 // Hours: Mon-Fri 8am-8pm, Sat 8am-12pm
- Niswonger Children's Hospital - <https://www.balladhealth.org/hospitals/niswonger-childrens>
- Address: 400 N. State of Franklin Rd. Johnson City, TN 37604
 - Phone: 423-431-6111 // Hours: 24 Hrs.
- Sycamore Shoals Hospital - <https://www.balladhealth.org/hospitals/sycamore-shoals-elizabethton>
- Address: 1501 W. Elk Ave. Elizabethton, TN
 - Phone: 423-524-1300 // Hours: 24 Hrs.

HEALTH DEPARTMENTS

- Carter County Health Department - <https://www.cartercountyttn.gov/government/departments-services/health-department/>
- Address: 403 East G St., Elizabethton, TN 37643
 - Phone: 423-543-2521 // Hours: Mon-Fri 8am-4:30pm
- Hawkins County Health Department - https://hawkinscountyttn.gov/health_dept.html
- Address: 201 Park Blvd., Rogersville, TN 37857
 - Phone: 423-272-7641 // Hours: Mon-Fri 8am-4:30pm

Johnson County Health Department - <https://www.johnsoncountyttn.gov/county-health-department/>

- Address: 715 W Main St., Mountain City, TN 37683
- Phone: 423-727-9731 // Hours: Mon-Fri 9am-4:30pm

Project Access - <https://www.projectaccesseasttn.org/>

- Assistance with applying for health insurance, including TennCare
- Address: 809 S. Roan St., Johnson City, TN
- Phone: 423-232-6700 // Hours: Mon-Fri 9am-5pm

Remote Access Medical (RAM) Clinic

- Over the past 35 years, Remote Area Medical has provided free medical, dental, vision, and veterinary care to hundreds of thousands of people through the operation of pop-up clinics. RAM operates its clinics in communities large and small, both in the United States and abroad. <https://www.ramusa.org/clinic-schedule/>

Sullivan County Health Department - <https://www.sullivanhealth.org/>

- Address: 154 Blountville Bypass, Blountville, TN 37617
- Phone: 423-279-2777, 423-224-1600 (Kingsport office) // Hours: Mon-Thurs 8am-6pm, Fri 8am-5pm

Sullivan County Health Department - <https://www.sullivanhealth.org/>

- Immunizations, school physicals, TN birth certificates
- Address: 1041 E. Sullivan St., Kingsport, TN
- Phone: 423-279-2777 // Hours: Mon-Fri 8am-6pm

Unicoi County Health Department - <https://www.facebook.com/TNDeptofHealth/posts/the-unicoi-county-health-department-is-hosting-a-national-drug-take-back-day-eve/10154447709115049/>

- Address: 101 Okolona Dr., Erwin, TN 37650
- Phone: 423-743-9103 // Hours: Mon-Fri 8am-4:30pm

Washington County/Johnson City - <http://www.washingtoncountyttn.org/node/179>

- Address: 415 State of Franklin Rd., Johnson City, TN 37604
- Phone: 423-975-2200 // Hours: Mon-Fri 8am-4:30pm

CLINICS AND REDUCED COST SERVICES

Appalachian Acupuncture

- A professional acupuncture and herbal medicine clinic. <https://appalachianacupuncture.com/>
- Address: 113 E Unaka Ave, Johnson City, TN 37601
- Phone: 423-928-9394 // Hours: Tues-Thurs 9am-5pm, Fri 9am-12pm

Church Hill Free Medical Clinic

- We serve patients who are uninsured and whose incomes fall within 185% of the federal poverty level. You must apply to become a patient at the free clinic. Eligibility applications are processed on the first Thursday of each month from 10 a.m. to 2:00 p.m. <https://www.freeclinics.com/det/church-hill-free-medical-clinic>
- Address: 401 Richmond Street, Church Hill, TN
- Phone: 423-256-2408 // Hours: Second, Third, and Fourth Tuesday of each month 5-8:30pm

Dispensary of Hope - Connecting Abundance with Need

- Prescription assistance - The Dispensary of Hope delivers critical medicine – free of cost – to the people who need it the most but cannot afford it. <https://www.dispensaryofhope.org/>
- Address: 2151 Century Lane, Johnson City, TN
- Phone: 423-431-1570 // Hours: Mon-Fri 9am-1pm

ETSU Dental Clinic

- Senior Citizens (55 and older) receive free treatment (there is a charge to copy x-rays to be sent to your dentist). All others (who can afford to pay) are charged \$20.00 for cleaning. Other pricing information is available online. <https://www.etsu.edu/crhs/allied-health/dhyg/patientinfo.php>
- Address: Room 70, Lamb Hall ETSU Campus
- Phone: 423-439-4514 // Hours: Coincide with each academic semester

ETSU Speech and Hearing Clinic

- Evaluation and treatment procedures are performed by qualified students under the supervision of certified faculty for a nominal fee. <https://www.etsu.edu/crhs/aslp/center/default.php>
- Address: 156 South Dossett Drive, Johnson City, TN 37614
- Phone: 423-439-4355 // Hours: Mon-Fri 8am-4:30pm

Friends in Need Health Center

- We serve the working uninsured and under-insured, as well as full time college students who might or might not be working. <https://friendsinneed.org/>
- Address: 1105 W Stone Dr #5, Kingsport TN 37660
- Phone: 423-226-0010 // Hours: Mon-Fri 9am-5pm

Healing Hands Health Center

- Healing Hands Health Center provides services for our uninsured neighbors: medical care and much needed medications; dental care including exams, x-rays, cleanings, extractions and fillings; chiropractic care; eye exams and eyeglasses; psychological and spiritual counseling services. <https://healinghandshealthcenter.org/>
- Address: 245 Midway Medical Park, Bristol, TN 37620
- Phone: 423-652-0260 // Hours: Mon-Fri 8am-5pm

Health Resource Center in Johnson City Mall

- The HRC is located in the lower level of the Mall at Johnson City, beside the Belk women's store. To register for a class, call 1-844-488-7827. Offers a variety of classes for residents of Johnson City, free of charge! Examples include Money Matters, Thyroid Disorders 101, Reduce Your Risk For Diabetes, and Diabetes Survival. <https://www.mallscenters.com/brands/stores/jcmc-health-resources/johnson-city--tennessee--the-mall-at-johnson-city>
- Address: 2011 N Roan St Ste C6, Johnson City, TN 37601
- Phone: 423-915-5200 // Hours: Mon-Sat 8am-6pm

Johnson City Downtown Day Center

- This clinic operates under a sliding scale model. This means that it may not be free depending on your income. You will be required to prove financial need in order to receive free services or services at a reduced cost. <https://www.etsu.edu/nursing/clinics/community/downtown.php>
- Address: 202 West Fairview Ave., Johnson City, TN
- Phone: 423-439-7371 // Hours: Mon-Fri 8am-4:30pm

Keystone Dental Clinic

- Provides basic dental care to adults 19 years or older who meet federal poverty guidelines. <https://keystonedentaljc.com/>
- Address: 603 Bert Street, Johnson City, TN
- Phone: 423-232-7919 // Hours: Mon-Thurs 8am-4:30pm

Lions Club - Eyeglasses

- Kingsport - 2539 East Stone Drive, Kingsport TN 37660 <https://www.e-clubhouse.org/sites/kingsporttn/contact.php>
- Johnson City - E. Unaka Avenue, Johnson City, TN 37601 <http://johnsoncity.tnlions.org/40-2/eyeglass-recycling/>
- ETSU - 1276 Gilbreath Dr, Johnson City TN 37614 <https://e-clubhouse.org/sites/etsu/>
- Bristol - 1320 Euclid Avenue, Bristol VA, 24201 <https://e-clubhouse.org/sites/bristolhostva/page-8.php>
- Elizabethton - 173 Hudson Drive, Elizabethton TN 37643 <https://e-clubhouse.org/sites/elizabethton/>

Omni Community Health

- Omni Community Health offers a wide range of services and therapies that treat and heal children, families and adults. <https://www.theomnifamily.com/behavioral-health/behavioral-health-locations/>
- Address: 2700 South Roan Street, Unit 425, Johnson City, TN 37601
- Phone: 423-232-6281 // Hours: Mon-Fri 8am-4:30pm

Planned Parenthood Asheville Health Center

- Planned Parenthood South Atlantic (PPSAT) is a nonprofit health care provider offering a wide range of affordable and reliable reproductive and sexual health care services. <https://www.plannedparenthood.org/health-center/north-carolina/asheville/28801/asheville-health-center-4134-90860>
- Address: 68 McDowell St, Asheville, NC 28801
- Phone: 828-252-7928 // Hours: Tues 10am-6pm, Wed 9am-5pm, Thurs, Sat 8am-2pm, Fri 9am-2pm

Southern Appalachian Ronald McDonald House

- Our House is available to a family with a child, aged 21 years or younger, that is receiving medical treatment at any area hospital. <https://www.rmhsa.org/>
- Address: 418 N State of Franklin Road, Johnson City, TN 37604
- Phone: 423-975-5437 // Mon-Sun 8:30am-8:30pm

Susan G. Komen East Tennessee

- Save lives by meeting the most critical needs in our communities and investing in research to prevent and cure breast cancer. <https://komeneasttennessee.org/>
- Address: 301 Louis St Ste 304, Kingsport, TN 37660
- Phone: 423-765-9313 // Home: Mon-Thurs 9am-5pm

HOTLINES

Ask a Nurse: 1-833-822-5523
 Child Abuse Hotline: 877-237-0004
 Healing Hands: 423-652-0260
 Tennessee Early Intervention: 423-434-4401
 Tri-Cities Area Community Center for the Deaf: 423-434-0447
 Visually Impaired Center-Bristol: 276-642-7300
 Visually Impaired Center-Kingsport: 423-378-5779
 Vocational Rehab: 423-434-6934

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Income-Based Housing

****If you are homeless:** Go to ARCH of the Day Center to begin the Continuum of Care process for securing a home.

Appalachian Family Housing

- Appalachian Family Housing provides assistance to our neighbors transitioning from homelessness to stable housing, empowering families to live independently in supportive housing. <https://fairviewhousing.org/programs/appalachian-family-housing/contact/>
- Address: 1409 W. Market St. #109, Johnson City, TN
- Phone: 423-742-7400 // Hours: Mon-Fri 9am-4pm

ARCH - Appalachian Regional Coalition on Homelessness

- ARCH works cooperatively with its community partners to meet the needs of the homeless population in Upper East Tennessee. <https://www.appalachianhomeless.org/contact/>
- Address: 2700 S. Roan St, Suite 300, Johnson City, TN 37601n
- Phone: 423-928-2724 // Hours: Mon-Thurs 8am-5pm, Fri 8am-12pm

Bristol Housing

- <http://www.bristol-housing.com/contact.html>
- Address: 204 Bluff Hwy, Bristol TN
- Phone: 423-274-8150 // Hours: Mon-Thurs 7:30am-6pm, closed for lunch 12:15pm-1pm

Charleston Square Apt.

- Located within three miles of ETSU, Quillen School of Medicine, Mall of Johnson City, and Milligan College. <https://affordablehousingonline.com/housing-search/Tennessee/Johnson-City/Charleston-Square-Townhomes/10005033>
- Address: 81 Charleston Square, Johnson City, TN
- Phone: 929-3701 // Hours: Mon-Fri 8:30am-5:30pm

Clark Manor, Briarcliff, Harrison Village, West Gate Apts.

- Subsidized Low-Rent Apartments. <https://affordablehousingonline.com/housing-search/Tennessee/Johnson-City/Westgate-Village/10075023#>
- Address: 1720 Nathaniel Dr, Johnson City, TN
- Phone: 423-926-3381

Eastern Eight Housing

- Eastern Eight helps a wide variety of people across the eight counties of Northeast Tennessee obtain safe and affordable housing. <http://www.jchousing.org/programs-services/external-resources/eastern-eight-cdc/>
- Address: 901 Pardee Street, Johnson City, TN
- Phone: 423-232-4784 // Hours: Mon-Thurs 8am-5pm, Fri 8am-12pm

Elizabethton Housing Authority

- <http://www.officialhousingauthority.com/tennessee/elizabethton-housing-authority/>
- Address: 910 Pine Ridge Circle
- Phone: 423-543-3571 // Hours: Mon-Fri 7:30am-4:30pm

Friends and Neighbors

- Helps homeless families with stable income find affordable housing. Case management & community service are required. <https://friendsandneighborsinc.com>
- Address: 1140 Martin Luther King Dr. Kingsport TN 37660
- Phone: 423-378-2926 // Hours: Mon-Thurs 9am-4pm

Habitat for Humanity

- A nonprofit organization that helps families build and improve places to call home. <https://www.holstonhabitat.org>
- Johnson City
 - Address: 3201 Kimberly Ct., Johnson City, TN 37604
 - Phone: 423-378-4760 // Hours: Mon-Thurs 9am-5pm
- Kingsport
 - Address: 750 E Main Street, Kingsport, TN 37660
 - Phone: 423-378-4760 // Hours: Mon-Thurs 9am-5pm

Individual Development Program - Washington County Neighborhood Service Center

- Matching funds to purchase homes. <https://rentassistance.org/program/upper-east-tennessee-human-development-agency-inc-washington-co-johnson-city-tn.html>
- Address: 300 E Main St Ste 303, Johnson City, TN, 37601
- Phone: 423-928-7327

Jackson Heights

- Located near a neighborhood park and within walking distance of a grocery store. <https://www.apartments.com/jackson-heights-apartments-jonesborough-tn/jzsfwx6/>
- Address: 1298 W. Jackson Blvd., Jonesborough, TN
- Phone: 423-753-9336 // Hours: Mon-Fri 9am-4pm

John Sevier Center (Elderly & Disabled)

- Section 8 Project-Based Rental Assistance, Low-Income Housing Tax Credit (LIHTC). <https://affordablehousingonline.com/housing-search/Tennessee/Johnson-City/John-Sevier-Center/10004735#contact>
- Address: 141 E. Market St., Johnson City, TN
- Phone: 423-926-3161 // Hours: Mon-Fri 9am-4pm

Johnson City Housing Authority

- <http://www.jchousing.org>
- Address: 910 Pardee St.
- Phone: 423-232-4784 // Hours: Mon-Thurs 7am-4:30pm, Fri 7am-11am

Kingsport Housing and Redevelopment Authority

- Affordable housing, housing choice vouchers, and special programs. <https://www.kingsporthousing.org>
- Address: 906 E. Sevier Ave.
- Phone: 423-245-0135 // Hours: Mon-Fri 8am-4pm

Kingsport West Apartments

- <https://affordablehousingonline.com/housing-search/Tennessee/Kingsport/Kingsport-West/10004887>
- Address: 212 Lewis Ln. Kingsport TN
- Phone: 423-246-3812 // Hours: Mon-Fri 8am-4pm

Lakewood Village Apt.

- Enjoy senior living at Lakewood Village. If you don't own a car there's public transit nearby so you'll be able to explore the city. There is a grocery store within walking distance for quick shopping trips. <https://www.lowincomehousing.us/det/37601-8966-lakewood-village-apartments>
- Address: 2463 Lakewood Dr., Johnson City, TN
- Phone: 423-282-8138 // Hours: Mon-Fri 8am-5pm

Miller Village

- <https://affordablehousingonline.com/housing-search/Tennessee/Kingsport/Miller-Village-Apartments/10004913>
- Address: 3840 Eastline Dr. Kingsport TN
- Phone: 246-9541 // Hours: Mon-Fri 9am-4pm

Section 8

- <http://www.jchousing.org/get-housing/section-8/>

- Address: 901 Pardee Street. Johnson City, TN
- Phone: 423-232-4784 // Hours: Mon-Thurs 7am-4:30pm, Fri 7am-11am

StoneCrest/Model City

- <https://www.apartments.com/stonecrest-kingsport-tn/rgtk0f2/>
- Address: 1040 Stonegate Rd. Kingsport TN
- Phone: 423-246-6401 // Hours: Mon-Fri 9am-4pm

Watauga Square (Elderly & Disabled)

- An apartment community for those 62 and better, handicapped, or disabled.
https://www.seniorhousingnet.com/seniorliving-detail/watauga-square_503-n-watauga-ave_johnson-city_tn_37604-519184
- Address: 503 W. Watauga Ave., Johnson City, TN
- Phone: 423-929-2752 // Hours: Mon-Fri 8am-12pm, 1pm-5pm

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Legal Aid

Good Samaritan Free Legal Aid

- Provides services that include allowing clients to come and seek legal advice concerning various problems.
<https://goodsamjc.org/services/>
- Address: 100 N. Roan St, Johnson City, TN
- Phone: 423-928-0288 // Hours: 1st Sat of the month, 9am-12pm

Legal Aid of East Tennessee

- LAET provides civil legal services ranging from information and advice to complex litigation and appellate advocacy to low income persons in the twenty-six (26) East Tennessee counties listed on the website.
<https://www.laet.org/>
- Address: 311 W. Walnut St., Johnson City, TN
- Phone: 423-928-8311 // Hours: Mon-Fri 8:30am-5pm

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LGBTQ+ Resources

LGBTQ+ Veterans

- Promotes the health, welfare, and dignity of LGBT Veterans and their Families. Ensures a safe, welcoming, and affirmative environment of care for LGBT Veterans.
<https://www.mountainhome.va.gov/services/lgbt/index.asp>
- Address: Corner of Lamont & Veterans Way, Mountain Home, TN 37684
- Katherine Barteck, Psy.D. 423-926-1171 ext. 7004

PFLAG

- Active and supportive of members of the community and allies. <https://pflag.org/chapter/pflag-johnson-citytri-cities>
- Address: PO Box 3683, Johnson City, TN 37604
- Phone: 423-390-8585 // Hours: In-Person Meetings Suspended for COVID-19

Pride Community Center of the Tri-Cities

- Provides a safe space to foster the physical, mental, emotional, and spiritual well-being of individuals in the LGBT communities of the tri-cities. <http://pridetri-cities.com/contact-us-2>
- Address 300 E Main St Suite 159, Johnson City, TN 37601

Tri-Cities Transgender

- Provides equity, support, and viable resources. <https://www.tricitystrans.org>
- Phone: 423-430-6682

TriPride

- Provides a family-friendly event that celebrates inclusion, equality, community, and self-empowerment.
<https://www.tripridetn.org>
- Address: TriPride TN, PO Box 4545, Johnson City, TN 37602

UKirk Presbyterian Campus Ministry PC(USA) at ETSU

- “Our values include inclusion, connection, and love. We openly affirm and celebrate all people, including LGBTQ+ community, as a vital part of the body of Christ and invite you to join us in all of the following ways: Open Space is our group for spiritual/religious LGBTQ+ students, Tuesdays from 4-5 pm, We have a building with free WIFI, coffee, and laundry facilities located at 1412 College Heights Rd. Find us on Facebook: facebook.com/ukirketsu and on Instagram: @ukirketsu. Email ukirketsu@gmail.com if you have any questions or would like to visit us.
- Address: 1412 College Heights Rd, Johnson City, TN 37604
- Phone: 423-926-2522 // Hours: Mon 10am-9pm, Tues-Thurs 10am-5pm, Fri 1am-2pm

Open and Affirming Ministries in the Johnson City Area:

****We cannot guarantee that all members of every ministry will be open and affirming. If you would like someone to visit these or any other congregations with you, email olivia@presbyhouse.org**

Appalachian Dharma and Meditation Center

- Offers a variety of groups practicing mindful living. <https://www.facebook.com/appalachian.dharma>
- Address: 108 W 10th Ave, Johnson City, TN 37604
- dharm4et@gmail.com

B'nai Shalom Congregation

- Worship Friday at 7:30 am and Saturdays at 10 am. <https://www.facebook.com/bnaisholomcongregation/>
- Address: 2510 Highway 126, Bristol, TN 37620
- Phone: 423-323-7596 // Hours: Fri 7:30-9:30pm, Sat 10am-1pm

Covenant Presbyterian Church

- Worship Sundays at 11 am. <http://www.cpcjc.org/>
- Address: 603 Sunset Drive, Johnson City, TN 37604
- Phone: 423-282-5324 // Hours: Mon-Thurs 9am-4pm

The Emmaus House, Episcopal Campus Ministry

- Wednesday night meetings at 6:30 pm with free food. <https://emmaus.dioet.org/>
- Address: 1323 Seminole Ridge Rd., Johnson City, TN 37604

First Presbyterian Church Elizabethton

- LGBT Social Gatherings and potluck, 2nd Saturday of every month at 6pm. Worship Sundays at 11 am. <http://fpcelizabethton.org/about-us/more-light-lgbtq-outreach>
- Address: 119 W. F St., Elizabethton, TN 37643
- Phone: 423-543-7737 // Hours: Mon-Thurs 9am-4pm, Sun 8am-1pm

Holston Valley Unitarian Universalist Church

- Worship Sundays at 7pm. <https://www.localprayers.com/US/Johnson-City/377556882414087/Landmark-Worship-Center>
- Address: 1306 Orleans St., Johnson City, TN 37601
- Phone: 423-444-6822 // Hours: Wed 7pm-8:30pm, Sat 6pm-6:45pm, 7pm-10pm

Landmark Free Holiness Church (Pentecostal)

- Worship Sundays at 7pm. <https://www.localprayers.com/US/Johnson-City/377556882414087/Landmark-Worship-Center>
- Address: 1306 Orleans St., Johnson City, TN 37601
- Phone: 423-444-6822 // Hours: Wed 7pm-8:30pm, Sat 6pm-6:45pm, 7pm-10pm

Samadhi Healing Arts Center

- We are a community-oriented safe space grounded in Eastern philosophies and practices. <https://samadhihealingartscenter.com>
- Address: 423 W Walnut St, Johnson City, TN 37604
- Phone: 423-926-2020 // Hours: Mon-Fri 10am-6pm

St. Paul's Episcopal Church (Leadership is affirming, congregation is mostly)

- Holy Eucharist Sundays at 8 am and 10:15 am. <https://stpaulskingsport.dioet.org/>
- Address: 161 East Ravine Rd., Kingsport, TN 37660
- Phone: (423) 245-5187 // Hours: Mon, Tues, Thurs 9am-4pm, Wed 9am-12pm

Unity Church of the Tri-Cities

- Meet Sundays at 11am. <https://www.facebook.com/unitychurchtricitie/>
- Address: Samadhi Healing Arts Center, 423 W. Walnut St., Johnson City, TN
- Phone: 423-975-9159 // Hours: Sun 10:30am-12:30pm

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Multicultural Services

ESL in Greeneville

- First Presbyterian Church
 - For women only (basic skill level). Childcare provided. <https://www.firstpresgreeneville.org/home>
 - Address: First Presbyterian Church, 110 N Main St, Greeneville, TN 37743
 - Phone: 423-638-8543 // Hours: Tues 10am-11:30am
- Lighthouse Assembly of God
 - For beginners and skill levels I & II. Classes are court mandated. Includes some religious aspects. Childcare not provided. <https://www.facebook.com/THELIGHTHOUSEAG/>
 - Address: Lighthouse Assembly of God, 2445 W Andrew Johnson Hwy, Greeneville, TN 37743
 - Phone: 423-638-9227 // Hours: Thurs 6:30pm-8:30pm

ESL in Johnson City:

- St. Mary's Catholic Church
 - For beginners and advanced. Concentration in speech and reading. Childcare not provided. Free and non-religious. <https://stmarysjc.org/>
 - Address: St. Mary's Catholic Church-Art room, 2211 E. Lakeview Dr., Johnson City, TN 37601
 - Phone: 423-747-3212 // Hours: Mon 6pm-8pm
- Otterbein United Methodist Church
 - Learn English for everyday conversation. Improve your written English. Work in pronunciation and vocabulary. All you will need is pencil and paper. <https://www.facebook.com/Otterbein-United-Methodist-Church-115552728474710/>
 - Address: Otterbein United Methodist Church, 120 E Chilhowie Ave, Johnson City, TN
 - Phone: 423-741-7416 // Hours: Tues 6pm-7:30pm

ESL in Kingsport:

- Life Center at St. Dominic's Catholic Church
 - For beginners and advanced. Concentration in speech and reading. Childcare not provided. <http://www.saintdominickpt.org/>
 - Address: Life Center at St. Dominic's Catholic Church, 2517 N John B Dennis Hwy, Kingsport, TN 37660
 - Email: victor.quillen@tn.gov // Hours: Sat 10am-1pm

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Outdoor Activities

Bays Mountain Park & Planetarium

- The Park features a picturesque 44-acre lake, hiking trails, a Nature Center with a Planetarium Theater, and Animal Habitats featuring wolves, bobcats, raptors and reptiles. <https://www.baysmountain.com>
- Address: 853 Bays Mountain Park Road, Kingsport, TN 37660
- Phone: 423-229-9447 // Hours: Mon-Sat 8:30am-8pm, Sun 11am-8pm

Carnegie Park

- The park consists of two girl's lighted softball fields, a restroom shelter, basketball court and playground. https://www.johnsoncitytn.org/residents/parks_and_facilities/carnegie_park.php
- Address: 601 N. Broadway St., Johnson City, TN
- Phone: 423-283-5815 // Hours: Mar2-Nov14 7am-10pm, Nov15-Mar1 7am-7pm

Carver Peace Gardens (community garden)

- There are 25 plots cared for by a wide variety of folks, from kids to retirees. <http://www.netmga.net/projects-and-photo-gallery/carver-peace-gardens/>
- Address: 322 W Watauga Ave, Johnson City, TN 37604
- Phone: 423-833-1420

Fairmont Gymnasium

- The gymnasium is elementary sized, with a stage area and restrooms. Price: \$15 an hour
https://www.johnsoncitytn.org/residents/parks_and_facilities/fairmont_gymnasium.php
- Address: 1405 Lester Harris Road, Johnson City TN
- Phone: 423-283-5815 // Hours: Mon-Sat 9am-9pm

Founders Park

- The five-acre water greenway has become a place to relax and enjoy nature as well as a catalyst for revitalization for downtown. <https://downtownjc.com/parks/>
- Address: 120 Commerce St, Johnson City, TN 37604
- Phone: 423-202-3510 // Hours: 24 Hrs.

Jacob's Nature Park at Sinking Creek

- The park is open to the public and offers several hiking trails, a wetland area and an abundance of wildlife including fish, frogs, salamanders and many species of birds. Jacob's Nature Park is a certified wildlife habitat. Within the park boundaries is also a native tree arboretum.
https://www.johnsoncitytn.org/residents/parks_and_facilities/jacobs_nature_park.php
- Address: 1220 King Springs Road, Johnson City, TN
- Phone: 423-282-5815 // Hours: Mon-Sun 5am-10pm

Kiwanis Park

- Used primarily for softball league play. Two softball fields, five tennis courts, Friendship Gardens used for self-directed activities. https://www.johnsoncitytn.org/residents/parks_and_facilities/metro-kiwanis_park.php
- Address: 817 Guaranda Drive, Johnson City, TN
- Phone: 423-282-5815 // Hours: Mon-Sat 8am-6pm

Rotary Park

- Inclusive Playground, Splash Pad.
https://www.johnsoncitytn.org/residents/parks_and_facilities/residents/rotary_park.php
- Address: 1001 North Broadway, Johnson City, TN
- Phone: 423-282-5815 // Hours: Mon-Sun 9am-9pm

Sycamore Shoals State Park

- Sycamore Shoals State Historic Park protects the land that was the location of several important historical events that occurred in the late 18th century. Free admission. <https://tnstateparks.com/parks/sycamore-shoals>
- Address: 1651 W Elk Ave, Elizabethton, TN 37643
- Phone: 423-543-5808 // Hours: Mon-Sun 8am-4:30pm

Tweetsie Trail

- The rail-trail follows the former ET&WNC ("Tweetsie") Railroad right-of-way for 9.5 miles.
<https://www.traillink.com/trail/tweetsie-trail/>
- Address: Legion and Alabama St.
- Phone: 423-975-2700 // Hours: Mon-Sun 6am-9:42pm

Warrior's Path State Park

- Features a boating and fishing activity, hiking trails, a bike trail system, an award-winning nature education program and a nationally recognized golf course. Also features a unique play area that provides fun and learning opportunities for children of all ages and all abilities. <https://tnstateparks.com/parks/warriors-path>
- Address: 490 Hemlock Rd, Kingsport, TN 37663
- Phone: 423-239-8531 // Hours: Mon-Thurs 8am-4:30pm, Fri-Sun 8am-8pm

Willow Springs Park

- Features a members-only dog park, 1.8 miles of paved walking trails, and a playground with village and train-themed play elements.
https://www.johnsoncitytn.org/residents/parks_and_facilities/willow_springs_park.php
- Address: 1201 Huffine Road
- Phone: 423-282-5815 // Hours: Mon-Sun 7am-10pm

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Pregnancy Help

Agape Women's Services

- Provides free-lab grade pregnancy testing, free pregnancy consultations, free STI testing and free OB ultrasounds. <https://agapewomensservices.com>
- Address: 817 W. Walnut Street # 5A, Johnson City, TN 37604
- Phone: 423-928-2273 // Hours: Mon 4pm-8pm, Tues-Thurs 9am-3pm

Bristol Regional Women's Center

- Provides surgical abortions for women whose pregnancy age is from 6 weeks 3 days up to 14 weeks and medical abortions. <http://www.bristolregionalwomenscenter.com/surgicalabortion.php>
- Address: 2901 W State St, Bristol, TN 37620
- Phone: 423-968-2182 // Hours: Mon, Wed-Fri 8am-5pm, Tues 8am-4pm

Catholic Charities of East Tennessee

- Provides free pregnancy testing, non-judgement and caring advice, friendship and emotional support, medical, legal, and educational referrals, pregnancy and prenatal information, service agency referrals, adoption information, pregnancy options information, and post-abortion counseling. <https://ccetn.org/pregnancy-help>
- Address: 1409 W. Market Street, Johnson City, TN 37604
- Phone: 423-328-0070 // Hours: Mon, Wed, Fri 8:30am-4:30pm

Help Us Grow Successfully (HUGS) - Northeast Tennessee Regional Office

- Services to improve pregnancy outcomes, maternal and child health and wellness, child development, and maintain or improve family strengths. <https://www.tn.gov/health/health-program-areas/fhw/early-childhood-program/hugs.html>
- Address: 185 Treasure Lane, Johnson City, TN 37064
- Phone: 423-979-3200 // Hours: Mon-Fri 7:30am-4:30pm

Nurse-Family Partnership (ETSU):

- Nurse- Family Partnership (NFP) is an evidence-based, community health program that serves women of low-income who are pregnant with their first child. Each mom is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits until the child turns 2 years of age. <https://www.kidcentraltn.com/program/nurse-family-partnership-nfp-east-tennessee-state-university.html>
- Address: 603 Bert St. Room 205, Johnson City, TN 37601
- Phone: 423-900-3160 // Hours: Mon-Fri 8am-4:30pm

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Recreation

Carver Recreation Center

- Services include a 6-acre neighborhood park that has two basketball courts, hiking trails, multi- use court, pavilion, playground, and recreation center. https://www.johnsoncitytn.org/residents/carver_recreation_center.php
- Address: 322 W Watauga Ave, Johnson City, TN 37604
- Phone: 423-461-8830 // Hours: Mon-Sat 7am-9pm

Johnson City Community Drum Circle

- This weekly event is a family-friendly event that is open to the general public. <https://johnsoncitydrumcircle.com> *Paused until further notice for Covid-19*
 - Winter: Samadhi Healing Arts Center // The Drum Circle Hibernates for the Winter
 - Spring-Summer: Founders Park Pavilion // Hours: Wed 7pm-8:30pm

Keystone Community Center

- Primarily used for after school activities for the surrounding community. <https://www.johnsoncitytn.org/residents/keystone.php>
- Address: 508 Cranberry Street, Johnson City, TN
- Phone: 423-434-6230 // Hours: Mon-Fri 9am-9pm

The Langston Center

- Services include multicultural history, STEM Education, and artistic performances. https://www.johnsoncitytn.org/residents/langston_community_center.php

- Address: 315 Elm St, Johnson City, TN
- Phone: 423-434-5785 // Hours: Mon-Fri 10am-7pm

Memorial Park Community Center

- Services include a community pool, gym, and various fitness classes and programs.
https://www.johnsoncitytn.org/residents/memorial_park_community_center.php
- Address: 510 Bert St., Johnson City, TN
- Phone: 423-434-5750 // Hours: Mon-Fri 7am-9pm, Sat 9am-5pm

Princeton Art Center

- Services include a variety of programs centered in art, music, dance, and cultural workshops.
https://www.johnsoncitytn.org/residents/parks_and_facilities/residents/princeton_arts_center.php
- Address: 2516 E. Oakland Ave., Johnson City, TN
- Phone: 423-283-5800 // Hours: Mon-Sat 7am-9pm

Slater Community Center

- Services include a gym that can be used by senior citizens during the day and then the youth can use it during the night and on the weekends. <https://www.bristoltn.org/147/Slater-Community-Center>
- Address: 325 McDowell St, Bristol, TN 37620
- Phone: 423-764-4023 // Hours: Mon-Thurs 7:30am-8pm, Fri 7:30am-5pm

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Senior Services

First Tennessee Human Resources Agency (FTHRA) Adult Day Services

- Services include personalized care for adults who are physically, mentally, emotionally, and socially challenged or advanced age maintain their independence through providing daily exercises and creative projects. <https://fthra.org/programs>
- Address: 603 Bert Street, Johnson City, TN 37601
- Phone: 423-928-8855 // Hours: Mon-Fri 7:30am-3:30pm

First Tennessee Human Resources Agency (FTHRA) Foster Grandparent Program

- Services include volunteer opportunities for people 55 and older to serve children and teenagers who have special needs as well as their families. <https://fthra.org/programs>
- Address: Various Locations
- Phone: 423-639-8462 // Hours: Vary by Individual Schedule

Local Senior Centers

- Johnson City - https://www.johnsoncitytn.org/residents/senior_services_mission_vision.php
 - Address: 510 Bert Street, Johnson City, TN 37601
 - Phone: 423-434-6237 // Hours: Mon-Fri 7am-9pm
- Johnson County - <https://www.johnsoncountyttn.gov/johnson-county-tn-services/county-senior-center/>
 - Address: 128 College Street, Mountain City, TN 37683
 - Phone: 423-727-8883 // Hours: Mon-Sun 8am-4pm
- Jonesborough - <https://www.facebook.com/JonesboroughSeniorCenter/>
 - Address: 307 E Main Street, Jonesborough, TN 37659
 - Phone: 423-753-4781 // Hours: Mon, Wed, Fri 8am-6pm, Tues, Thurs 8am-8pm
- Kingsport - <https://seniors.kingsporttn.gov/>
 - Address: 1200 E. Center Street, 1st Floor, Kingsport, TN 37660
 - Phone: 423-392-8400 // Hours: Mon-Fri 8am-7pm, Sat 9am-12pm

Retired Senior Volunteer Program (U.E.T.H.D.A)

- Services include distributing food and/or food, delivering meals to homebound individuals, volunteering at the VA, building homes through Habitat for Humanity, and providing assistance at senior centers.
<https://uethda.org/volunteer/>
- Address: Various
- Phone: 423-246-6180, ext. 3750

Roby Fitzgerald Adult Center

- Services and activities which enhance the dignity of senior adults, supports their independence, and encourages their involvement in and with the community.
https://www.greenevilletn.gov/apps/pages/index.jsp?uREC_ID=1160510&type=d&pREC_ID=1414343

- Address: 203 N. College St., Greenville, TN 37745
- Phone: 423-639-3128 or 423-639-3129 // Hours: Mon-Fri 7:30am-4pm

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Shelters

Family Promise

- We provide a network of faith congregations and community agencies to promote a collaborative response for homeless families with children. In particular, this response provides an opportunity for homeless families to remain together as a family while addressing the challenges that confront them in obtaining housing. These families receive counseling, access to a host of services (e.g. job skills training, etc.), and opportunities for growth with issues related to each family's specific needs.
 - Johnson City - <https://familypromisejc.com>
 - Address: 215 W. Watauga Ave. Suite 3 & 4, Johnson City, TN
 - Phone: 423-202-7805 // Hours: Mon-Fri 9am-5pm
 - Kingsport - <http://fpgk.org>
 - Address: 601 Holston St. Kingsport TN 37660
 - Phone: 246-6500 // Hours
 - Bristol - <http://www.familypromiseofbristol.org>
 - Address: 315 8th St, Bristol, TN 37620
 - Phone: 276-494-0388 // Hours: Mon-Fri 8:30am-5pm

Haven of Mercy (men only)

- Haven of Mercy provides food for the hungry and shelter for the homeless. Services include Preventative Care, Hot Meals, Rent/Mortgage Assistance, Utilities, Food, Job Skills, Medication (Rx only), Church Service Opportunities, and Counseling. See the website for information on transitional housing. <http://www.havenofmercy.net/home.html>
- Address: 123 W. Millard St., Johnson City, TN
- Phone: 423-929-0616 // Hours: Mon-Fri 8am-4pm

Haven of Rest

- Haven of Rest is a ministry that assists the homeless and hungry. Services include nightly community meal, chapel, emergency shelter and residency programs, food pantry, and thrift store. <https://www.havenofrestbristol.org>
- Address: 624 Anderson St., Bristol, TN
- Phone: 423-968-2011 // Office Hours: Mon-Fri 9am-4pm // Thrift Store Hours: Mon-Fri 10am

Hope Haven Ministries, Inc.

- Hope Haven Ministries, Inc is a Christian, interdenominational, non-profit ministry that reaches out to homeless men, women and children who may be impoverished economically, educationally, emotionally and/or spiritually. We offer emergency shelter – safe, clean, temporary housing for those in distress. <http://hopehavenkpt.com>
- Address: 670 Dale St. Kingsport, TN
- Phone: 423-246-6012 // Hours: Mon-Thurs 2pm-6pm

Interfaith Hospitality Network

- IHNGK provides a safe, family-oriented place to stay, nutritious meals, and mentoring to help homeless families with children under 18 on their quest to regain independence. IHNGK is the only shelter in Kingsport currently able to accommodate two parent families, teenage boys and single fathers with teenage girls. Caring community and staff members provide guidance, encouragement and supportive services to help families find and retain permanent housing. <https://www.google.com/amp/s/www.shelterlistings.org/details/36997>
- Address: Kingsport, TN
- Phone: 246-6500 // Hours: Various

Link House

- Link House is a Group Home through Frontier Health for adolescent females, ages 11 to 18. Youth may be delinquent, unruly, or dependent and neglected. <https://www.rehab.com/frontier-health-link-house/7011260-r>
- Address: 433 Beason Well Rd., Kingsport, TN

- Phone: 423-288-9448 // Hours: 24 Hrs.

Manna House

- Manna House is a 24-bed facility for the chronically homeless, veterans, and those seeking assistance with substance abuse. https://www.facebook.com/Manna-House-424836214197355/?ref=page_internal&path=%2FManna-House-424836214197355%2F
- Address: 116 W. Walnut St., Johnson City, TN
- Phone: 423-434-9310 // Hours: Mon-Fri 8:30am-5pm

NEUCY Program

- The NEUCY Program started in response to the need for services for the unaccompanied and homeless youth population, ages 16-25, in Northeast Tennessee. Neucy seeks to increase the safety, well-being, and self-sufficiency of unaccompanied youth, who are homeless or at risk of becoming homeless, by providing case-management services to meet immediate needs as well as long term planning and counseling. <https://www.facebook.com/pages/category/Youth-Organization/Northeast-Unaccompanied-Children-and-Youth-Program-132371100269371/>
- Address: 520 Washington Ave., Johnson City, TN
- Phone: 232-4621, ext. 520 // Hours: Mon-Thurs 9am-4pm, Fri 9am-12pm

Opportunity House

- The Opportunity House provides temporary shelter to those in need. The shelter opens as an Emergency Warming Shelter when the weather is severe. Classes are provided. We want to see every person be successful in improving their situation through determination, hard work, and faith. Christian emphasis. <http://www.theopportunityhouse.com>
- Address: 203 N. Irish St., Greenville
- Phone: 423-638-4099 // Hours: 24 Hrs.

Salvation Army (men & women only)

- Programs and Services include Community Recreation & Education Programs, Disaster Services, Emergency Financial Assistance, Emergency Shelter, Food and Nutrition Programs, Food Pantry, Pathway of Hope, Transitional Housing, Residential Camping Programs, Senior Citizens Club, Visitation Services, Christian Education, Men's Ministries, Women's Ministries, Music and Arts Program, Worship Services, Character Building Services, and Veterans Shelter Program <http://salvationarmykytn.org/locations/johnson-city/>
- Address: 200 Ashe Street, Johnson City TN
- Phone: 926-2102 or 926-8901 // Hours: 24 Hrs.

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Student Services

Adult, Commuter & Transfer Services

- Services include serving students through increasing the ability to receive services while on campus from the moment they begin at ETSU until they graduate. <https://www.etsu.edu/students/acts/>
- Address: 3rd floor of Burgin Dossett room (303)
- Phone: 423-439-4899 // Hours: Mon-Fri 8am-4:30pm

Access ETSU

- Provides students with intellectual and developmental disabilities access to a college experience like their same age peers. <https://www.etsu.edu/coe/access/default.php>
- Address: P319 Warf-Pickel Hall
- Phone: 423-439-7586 // Hours: Mon-Fri 8am-4:30pm

Advisement Resource Center

- Provides a variety of services that include undergraduate advisement center, advisement and student excellence, medical professions advisement, and career services. <https://www.etsu.edu/arc/>
- Address: 2nd Level Culp Center
- Phone: 423-439-8650 // Hours: Mon-Fri 8am-4:30pm

Behavioral Health & Wellness Clinic (ETSU Psychology)

- Provides services to help combat anxiety, depression, loss/grief, parenting, phobias, relationships, trauma, and challenges concerning sexual orientation or gender identity. <https://www.etsu.edu/cas/psychology/bhwc/>

- Address: 166 DeRosier Drive in the lower level, East side of Lucille Clement Hall (BLDG 134) in room 139 on the campus of ETSU in Johnson City, TN
 - Phone: 423-439-7777 // Hours: Mon-Thurs 8:30am-12pm and 1:30pm-5pm
- Bucky's Career Closet
- Free items of professional clothing for current ETSU students in need. <https://www.etsu.edu/students/careers/attire.php>
 - Location: Nell Dossett Room 100
 - Phone: 423-439-4450 // Hours: Mon-Fri 8am-4:30pm
- Bucky's Food Pantry
- Provides food to ETSU students and faculty. <https://www.etsu.edu/foodpantry/>
 - Address: Central Receiving warehouse by the Buc Ridge Apartment complex (325 Treasure Lane)
 - Phone: 423-439-2825 and 423-439-8587 // Hours: Tues 9am-2pm
- Campus Recreation (CPA)
- Provides services that prompt a lifelong pursuit of wellness in aquatics, fitness and wellness, intramural sports, sports club, and outdoor adventures. <https://www.etsu.edu/students/campusrec/>
 - Address: 1244 Jack Vest Drive
 - Phone: 423-439-7980 // Hours: Mon-Fri 6am-1:30pm, 3:30pm-8pm, Sat 9am-1:30pm, 3pm-6pm, Sun 1pm-4:30pm, 6pm-8pm
- Career Exploration Center
- Provides a wide variety of services that include career planning, concentration and focus, critical thinking skills, goal setting, healthy lifestyles in college, how to study in college, learning styles, listening skills, mastering test anxiety, memory techniques, reading from textbooks, stress management, taking notes from a lecture or textbook, and time management. <https://www.etsu.edu/uac/resources.php>
 - Address: 2nd Level Culp Center
 - Phone: 423-439-8651 // Hours: Mon-Fri 8am-4:30pm
- Charitable Pharmacy
- Provides medications to qualifying individuals. <https://www.etsu.edu/nursing/clinics/community/johnsoncity.php>
 - Address: 2151 Century Lane, Johnson City, TN
 - Phone: 423-926-6916 // Hours: Mon-Fri 9am-1pm
- Community Counseling Clinic
- Provides free counseling to community and ETSU students and faculty. <https://www.etsu.edu/coe/chs/counseling/clinic.php>
 - Address: 327 Warf-Pickel Hall
 - Phone: 423-439-7679 // Hours: Mon, Wed, Fri 8:15am-12:15pm
- Disability Services
- Provides services that promote an accessible environment which allows people with disabilities an equal opportunity for participation in educational pursuits and other campus activities. <https://www.etsu.edu/students/ds/>
 - Address: Culp Center Suite 390
 - Phone: 423-439-8346 // Hours: Mon-Fri 8am-4:30pm
- ETSU Counseling Center
- Provides counseling for current ETSU students. <https://www.etsu.edu/students/counseling/>
 - Address: 3rd Floor of Nell Dossett Hall on ETSU Main Campus
 - Phone: 423-439-4841 // Hours: Staggered in-office and Remote Hours Available
- ETSU Family Medicine
- Provides community-focused medical education and evidence-based, patient centered care to improve the health in rural southern Appalachia for free. <https://www.etsu.edu/com/familymed/>
 - Bristol
 - Address: 208 Medical Park Blvd, Bristol, TN, 37629
 - Phone: 423-989-4050 // Hours: Mon 8am-6:30pm, Tues-Fri 8am-4:30pm
 - Johnson City
 - Address: 917 W Walnut St., Johnson City, TN, 37604
 - Phone: 423-439-6464 // Hours: Mon 8am-6:30pm, Tues-Fri 8am-4:30pm
 - Kingsport

- Address: 102 E Ravine Rd, Kingsport, TN, 37660
- Phone: 423-245-9600 // Hours: Mon 8am-6:30pm, Tues-Fri 8am-4:30pm

Financial Aid

- <https://www.etsu.edu/finaid/>
- Address: 105 Burgin Dossett Hall
- Phone: 423-439-4300 // Hours: Mon-Fri 8am-4:30pm

Graduate Success Specialist

- Provides graduate students with the knowledge needed to set realistic personal and academic goals, addressing obstacles that may arise, resolving problems and providing support, and finding services on campus and in the community. <https://www.etsu.edu/gradschool/successservice.php>
- Address: Sherrod Library, Room 453
- Phone: 423-439-7062 // Hours: Virtual Office Hours Only

Housing

- Provides on campus housing options to ensure a student receives the best choice for education and personal growth <https://www.etsu.edu/students/housing/contactus.php>
- Address: 108 Burgin Dossett Hall
- Phone: 423-439-4446 // Hours: Mon-Fri 8am-4:30am

Multicultural Affairs

- Provides opportunities on campus that is committed to diversity and broadening multicultural awareness and sensitivity and encourages cross-cultural collaborative relationships through recruitment, retention, engagement, and success. <https://www.etsu.edu/students/mcc/>
- Address: D.P. Culp Student Center, Room 271
- Phone: 423-439-4844 // Hours: Mon-Thurs 8am-7pm, Fri 8am-4:30pm

Outpatient Psychiatry

- Provides services catered to general psychiatry, adult psychiatry, individual and family therapy, and child and adolescent psychiatry. <https://www.etsuhealthcare.com/etsu-psychiatric-care-1>
- Address: VA Campus, Bldg 52
- Phone: 423-439-8000 // Hours: Mon-Fri: 8am-4:30pm

Public Safety (emergency)

- Provides services that include vehicle battery boost, vehicle unlocking, fingerprinting, and lost and found. <https://www.etsu.edu/dps/>
- Address: 1043 Jack Vest Dr, Box 70646
- Phone: 423-439-4480 // Hours: Mon-Fri 8am-4:30pm

Speech and Hearing Clinic

- Provides the surrounding community with affordable and personalized care for patients that struggle with hearing and listening difficulties. <https://www.etsu.edu/crhs/aslp/center/>
- Address: 384 Lamb Hall
- Phone: 423-439-4355 // Hours: Mon-Fri 8am-4:30pm

Student Affairs

- Provides students with educational experiences, accessible services, and involvement opportunities. <https://www.etsu.edu/students/default.php>
- Address: CPA, 2nd Floor
- Phone: 423-439-4210 // Hours: Mon-Fri 8am-4:30pm

Student Health Services

- Provides physicals, medication management, acute care visits/sick visits, behavioral health, men and women's health exam, counseling services, TB screening/testing, health education services, lab work, specialists referrals, titers, STI screening, and allergy injections. <https://www.etsu.edu/nursing/universityhealth/default.php>
- Address: Roy S. Nicks Hall, Suite 160
- Phone: 423-439-4225 // Hours: Mon-Fri 8am-4:30pm

Student Organization Resource Center

- Provides support through student organizations, leadership education for students and student organization, and providing information from ETSU campus and activities. <https://www.etsu.edu/students/sao/aboutus.php>
- Address: D.P. Culp Student Center, 2nd floor in the Career Center

- Phone: 423-439-6633 // Hours: Mon-Fri 8am-4:30pm

Student Support Services (TRIO)

- Provides tutoring, academic counseling, career counseling, personal counseling, and various workshops to eligible students. <https://www.etsu.edu/academicaffairs/trio/sss/default.php>
- Address: 318 in the Culp Center
- Phone: 423-439-5396 // Hours: Mon-Fri 8am-4:30pm

Undergraduate Success Specialist

- Provides undergraduate students with the knowledge needed to set realistic personal and academic goals, addressing obstacles that may arise, resolving problems and providing support, and finding services on campus and in the community. <https://www.etsu.edu/students/dean-students/ussp.php>
- Address: Sherrod Library, 1st Floor
- Phone: 423-439-8777 // Hours: Virtual Office Hours Only

Women's Resource Center

- Provides programs centered on women's health, personal enrichment, personal finance, professional enrichment, and programs dedicated to addressing domestic and sexual violence and enhancing the campus client with respect to women. <https://www.etsu.edu/wrcetsu/default.php>
- Address: 220 Campus Center
- Phone: 423-439-5772 // Hours: Mon-Fri 8am-4:30pm

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Transportation

DOS Driver License Station

- <https://dmvhandbook.org/locations/johnson-city-dos-driver-license-station/>
- Address: 4717 Lake Park Drive, 37615
- Phone: 423-926-4911 // Hours: Tues-Fri 7am-5:30pm

Greyhound Bus Station

- <https://www.greyhound.com/en-us/bus-stations-in-johnson-city>
- Address: 137 W Market St. Johnson City, TN 37604
- Phone: 423-926-6181 // Hours: Mon-Fri 7:30am-3:30pm, 8pm-10pm, Sat-Sun 7:30am-9:30am, 1:30pm-3:30pm, 8pm-10pm

Job Access

- The fare is \$2.50 per person per one-way trip. Schedule a trip two days in advance. <https://www.johnsoncitytransit.org/jobaccess.html>
- Phone: 423-434-6265 // Hours: Mon-Sat 5:30am-12am

Johnson City Transit System

- Lobby is closed until further notice. <https://www.johnsoncitytransit.org/>
- Address: 137 West Market Street
- Phone: 423-929-7119

NET TRANS

- <https://nettrans.org/>
- Address: 704 Rolling Hills Dr. Johnson City, TN 37604
- Phone: 423-461-8233 // Hours: Mon-Fri 8am-5pm

Paratransit

- The fare is \$2.00 per person one-way, and \$4.00 round-trip if the pick-up and destination points are located within ¾ mile of a JCT fixed route. [https://www.johnsoncitytransit.org/paratransit.html#:~:text=Paratransit%20is%20a%20demand%20response,Eligible%22%20\(see%20below\).](https://www.johnsoncitytransit.org/paratransit.html#:~:text=Paratransit%20is%20a%20demand%20response,Eligible%22%20(see%20below).)
- Address: 137 W. Market Street, Johnson City, TN 37604
- Phone: 423-434-6265 // Hours: Mon-Fri 6:15am-6:15pm, Sat 8:15am-5:15pm

TENNCare Non-Emergency Medical Transportation

- <https://www.southeastrans.com/members/tennessee-members/members-tennessee/>
- Address: 2513 Wesley St. Johnson City, TN 37601
- Phone: 423-952-6006 or 1-800-775-8726 // Hours: 24 Hrs.

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Veterans Services

Johnson City VA Hospital

- Provides a variety of services for Veterans. <https://www.mountainhome.va.gov>
- Address: 809 Lamont St.
- Phone: 423-926-1171 // Hours: 24 Hrs.

Mountain Home VA Homeless Domiciliary

- Provides a variety of services for homeless or at risk Veterans such as housing solutions, employment opportunities, health care, justice and reentry related services, etc.
<https://www.mountainhome.va.gov/services/homeless/index.asp>
- Address: Johnson City, TN
- Phone: 423-926-1171, ext. 2871 // Hours: 24 Hrs.

The Warrior's Canvas & Veterans Art Center

- Provides services for Veterans through Art Therapy. <https://www.warriorscanvas.org>
- Address: 320 E Main St, Johnson City, TN
- Phone: (423) 232-7521 // Hours: Tues-Sat 11am-6pm

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Women-Only Services

Agape Women's Services

- Agape Women's Services provides cost-free services that include lab-grade pregnancy testing, pregnancy consultations, STI testing, limited OB ultrasounds, and hope classes and post-abortion classes.
<https://agapewomensservices.com>
- Address: 817 West Walnut St. Suite 5-A, Johnson City, TN
- Phone: 423-928-2273 // Hours: Mon 4pm-8pm, Tues-Thurs 9am-3pm

Families Free

- Services Provided for women currently or formerly incarcerated. Services include case management, parenting guidance, and recovery support. <https://justiceashealing.org>
- Address: 2408 Susannah St., Johnson City, TN
- Phone: 423-631-0141 // Hours: Mon-Sat 9am-5pm

Free Mammogram through Susan G. Komen Breast Cancer Foundation and Wellmont Health System

- Women who qualify (are at least 35 years old, have limited or no insurance, and meet specified income guidelines) receive a free mammogram, computer-aided detection screening and interpretation from a trained radiologist. Ask your local health department about this grant and, if you qualify, they will make an appointment for you to have a mammogram at a Wellmont Health System facility.
<https://ww5.komen.org/BreastCancer/Mammography.html>

Hope House (shelter for pregnant women in crisis)

- Residential housing program which provides support for expectant mothers facing unplanned pregnancies; This program offers safe, secure, and supportive long-term housing (up to two years) to pregnant women free of charge. <http://www.hopehouse.us>
- Address: 614 Cedar Court, Kingsport, TN
- Phone: 423-914-7609 // Hours: Tues, Wed, Fri 10am-2pm, Thurs 10am-2pm, 4pm-7pm

Mom Centered Yoga

- A Nonprofit where kids play, and moms connect. Free childcare provided. \$6 per adult.
<https://www.hereandnowmotherhood.org/>
- Address: Memorial Park Community Center. 510 Bert St, Johnson City, TN.
- Hours: Prenatal Yoga Tues 10am, Postpartum Yoga Thurs 10am, Beginner's Yoga Tues 5:45pm, Kid's Yoga Tues 4pm (\$6 per child)

The Oasis

- Provides women and children biblical counseling, recovery counseling, resource counseling and goal accountability; full shower and laundry (2 load limit) facility to meet immediate needs.
<http://savbaptistcenter.org/ministries/oasis>
- Address: 1009 E. Sullivan St., Kingsport, TN

- Phone: 423-392-1137 // Hours: Mon-Fri 8am-3pm

The River

- Services provided include: Free laundry services, showers available, daily devotions, a children's choir, free haircuts, a community garden, and classes on cooking, sewing, health issues, and independent living skills. <https://fpcjc.org/the-river/>
- Address: 125 West Main Street, Johnson City, TN
- Phone: 423-926-8111 // Hours: Mon-Fri 8am-3pm

Shakti in the Mountains

- A space where the Shakti or creative, feminine energy is valued and affirmed. A space where women are celebrated and the men who love them are appreciated. Shakti in the Mountains offers workshops and community events that empower women through movement classes, such as yoga. <https://shaktiinthemountains.com>
- Address: 409 E Unaka Ave, Johnson City, TN 3
- Phone: 423-202-4472 // Hours: Mon 10am-3pm, 5pm-6:30pm, Tues-Thurs 10am-3pm, Fri 8:30am-3pm, 4pm-6pm

Shepherd's Inn (shelter)

- Shelter for women and their children who are displaced by domestic violence or temporary homelessness. <https://www.womenshelters.org/det/the-shepherds-inn>
- Address: Elizabethton, TN
- Phone: 423-542-0180 // Hours: 24 Hrs.

Women's Nutritional Health Center

- Provides safe, natural solutions for difficult women's health issues. <https://www.womensnutritionalhealthcenter.com>
- Address: 413 E Unaka Ave, Johnson City, TN 37601
- Phone: 423-202-6216 // Hours: Mon-Fri 8am-12pm, 2pm-6pm, Sat 9am-12pm